

St. Cloud State University

The Repository at St. Cloud State

Gerontology Newsletter

Program in Gerontology

Fall 2000

Gerontology Times [Fall 2000]

St. Cloud State University

Follow this and additional works at: https://repository.stcloudstate.edu/gero_newsletter

Recommended Citation

St. Cloud State University, "Gerontology Times [Fall 2000]" (2000). *Gerontology Newsletter*. 65.
https://repository.stcloudstate.edu/gero_newsletter/65

This Newsletter is brought to you for free and open access by the Program in Gerontology at The Repository at St. Cloud State. It has been accepted for inclusion in Gerontology Newsletter by an authorized administrator of The Repository at St. Cloud State. For more information, please contact tdsteman@stcloudstate.edu.

Gerontology Newsletter

Volume 16, Number 2

Fall 2000

Sigma Phi Omega News

Officers for the 2000-2001 year have been elected. The officers are as follows:

President: Laura Hood

Vice President: Kari Robinson

Secretary/Treasurer: Jill Fiedler

Members at Large: Cari Terrio, Jamie Renner and Sandy Manderfeld

Conference Chair: Laura Boeckers

Congratulations to everyone!!

The fall meeting will be held on December 6th at 5-6:30p.m. at Perkins in downtown St. Cloud. Everyone is welcome. Come help us plan this year's activities. Appetizers served!



INSIDE THIS ISSUE

- 2 Faculty Notes
- 2 Volunteer Opportunities
- 3 Spring Schedule/ Aging Quiz
- 3 Fall 2000 Gerontology Interns
- 4 Quiz Answers/Interested In SPO?



Notes From the Director

Falling leaves, shorter days, and longer lists of things to do! Fall is always a busy time for the Gerontology Program. We have a lot of new faces—welcome new graduate students and undergraduate minors! This year we have two new graduate assistants: Kari Robinson and Jill Fiedler. Stop by Stewart 336 to say "hello!" We also have two new faculty in our home department, Community Studies. Welcome Aspasia Rigopoulou-Melcher and Margaret Villanueva. Dr. Rigopoulou-Melcher specializes in regional economic development (national and international), postindustrial cities, and community development housing. Dr. Villanueva specializes in community ethnographies, Mexican, Latino, and women studies. Dr. Villanueva also supervises community studies fieldwork. Throughout campus there are also a number of new faculty with interests in aging—see page 3 for details. Welcome to all!

There are a number of activities to add to our "to do list" this Fall. Sigma Phi Omega will be holding their Fall meeting on December 6th at Perkins downtown. If you have been thinking of joining Sigma Phi Omega (National and Professional Honors Society in Gerontology) or would like to learn more about it, see me (or graduate assistants Kari and Jill) for an application and more information. Better yet, come to the Fall meeting and help us welcome the new officers, renew old friendships, and plan our upcoming Spring events! Also check out our new "The Community Needs You" board (across from Stewart Hall 336) for a current listing of volunteer opportunities.

Finally, while it's not even officially winter yet, it is time to start thinking about registration for Spring Semester (see page 3 for a "sneak preview" of Spring offerings). Don't forget to check with your advisor (Dr. Phyllis Greenberg—Master's and Certificate Students; Dr. Rona Karasik—undergraduate minors and internships) to make sure your program is on track. We look forward to seeing you!

Rona J. Karasik, Ph.D. Director, Gerontology Program

The Community Needs You

There are many volunteer opportunities available in the community. Here is a list of some volunteer programs working with senior citizens:

Volunteer Ombudsman: Volunteer Ombudsman assists the local Ombudsman with facility visits and client contacts. If you would like to be a volunteer Ombudsman, call the regional Ombudsman at 1-800-657-3591.

Senior Health Insurance Council Program:

Volunteers will participate in a two-day training to become Volunteer Insurance Counselors. For more information on the program or the training, call the Central MN Council on Aging at 253-9349 or 1-800-333-2433 and ask for Gerise or Diane.

Grocery Shopping Assistant:

Shop for or with a senior person who needs assistance with this basic need. Call the CMCOA at 253-9349.

Transportation:

Provide transportation to various local destinations for persons who have difficulty using community buses, this is an on-call basis. Call the CMCOA at 253-9349.

Friendly Visiting:

Visit in person with someone who would benefit from increased socialization. Call CMCOA at 253-9349.

Respite Care:

Provide companionship to a homebound person and give much needed relief to those taking care of him/her. Call CMCOA at 253-9349.

St. Cloud Hospital, Senior Helping Hands:

Senior Helping Hands Elder Network is looking for Peer Counselor volunteers to provide mental health support services for older adults. Peer counselors visit with assigned clients in their homes (must be willing to visit with assigned client at least one hour per week). Volunteers are provided with a comprehensive training program offered by Senior Helping Hands of the St. Cloud Hospital. Call the Senior Helping Hands Coordinator at 255- 5732.

Faculty Notes

Rona J. Karasik, Ph.D. Gerontology

Recent Presentations:

"Forget About It! Memory Trials, Tricks and Techniques" (October 20, 2000). Invited speaker at the Society of P.O.E.T.S., St. Cloud State University, St. Cloud, MN.

"So What Have We Learned From This? Assessing Service Learning Outcomes" (November 2, 2000). Research to be presented at the Applied Research Seminar, Center on Aging, University of Minnesota.

Karasik, R.J. and Berke, D.L. (Nov. 11, 2000). Merging the Classroom and Community: Linking Theory and Application. Paper to be presented at the 62nd Annual National Council on Family Relations Conference, Minneapolis, MN.

Shelley Brundage, CDIS

Shelley Brundage is researching treatment in fidelity analysis of clinicians in the Community Reintergeneration Program at the Courage Center. "We aim to document clinician behaviors that are critical for treatment success in this program for persons with brain injury," said Brundage.

Phyllis A. Greenberg, Ph.D. Gerontology

Phyllis was selected as one of 20 participants to attend The Maxwell School (Syracuse University) Center for Policy Research seminar, "Introducing Public Policy Issues in Aging into the Curriculum." The selection process is competitive with applicants from throughout the United States and other countries. In addition to attending the week long seminar, Dr. Greenberg also made a presentation entitled "Bridging the Gaps Between Women's Studies and Gerontology." Phyllis presented at the Applied Research Seminar at the U of M in November. Her presentation was titled "What's Showing: An exploration of Gender and Old Age on Television."



SPRING SCHEDULE

*Check official course schedule for possible changes.

Graduate Courses

GERO 620 Advanced Policy Issues in Gerontology
W 5-7:45

APSY 678 Introduction to Graduate Statistics
M 5-7:45
W 5-7:45

ED 615 Introduction to Research T 6-8:50

GERO 515 Women and Aging TR 3:30-4:45

GERO 535 Aging and Housing Options TR 2-3:15

PSY 543 Psychology of Adulthood and Aging
M 6-8:45

CMTY 555 Grant Development R 6-8:45

GERO 644 Internship Arranged

Undergraduate Courses

GERO 208 Introduction to Gerontology TR 9:30-10:45

GERO 444 Gerontology Internship Arranged

CMTY 455 Grant Development R 6-8:45

CMTY 333 Studying Communities TR 3:30-4:45

REC 339 Therapeutic Recreation MWF 12-12:50

GERO 415 Women and Aging TR 3:30-4:45

GERO 435 Aging and Housing Options TR 2-3:15

PSY 443 Psychology of Adulthood and Aging
M 6-8:45

Informative Age Related Websites

www.elderweb.com

www.mhha.com

www.Mnaging.org

www.healthandage.com

FALL 2000 GERONTOLOGY INTERNS

RANA BURGE
CAMBRIDGE HEALTH CARE CENTER

AMBER CARLSGAARD
CENTER FOR LTC AND AGING (U OF MN)

CHRISTOPHER DOUGHERTY
MN MASONIC HOME, NORTH RIDGE

MELISSA JANSEN
WHITNEY SENIOR CENTER

GREG PAGE
THE WATERFORD, BROOKLYN PARK

JAIME RENNER
SENIOR HELPING HANDS

New Faculty to know

Kristen Kling Department: Psychology

Kristen Kling is a new SCSU Psychology professor with a background in aging. Research projects that Kristen is involved in are the National study of quality of life in nursing homes for HCFA and a longitudinal study of the adjustment of aging women to communities relocation. Other items Kristen is interested in are personality, positive psychological functioning, and adjustment.

Test Your Aging Knowledge

(Answers on back page)

T or F

- 1.) ____ Sexual urges and activities normally cease around age 55-60.
- 2.) ____ All five senses tend to decline with old age.
- 3.) ____ Most older persons are depressed.
- 4.) ____ Older drivers have fewer accidents per person than drivers under age 65.
- 5.) ____ Most older persons are set in their ways and unable to change.

SPO Membership

Are you interested in gerontology/aging studies? Are you an undergraduate or graduate student studying the field of gerontology? Are you a faculty member, alumni or professional in the community who works with or has an interest in the aging field? Then Sigma Phi Omega is the organization for you. Sigma Phi Omega is a National Honor Society formed in 1980 to recognize the excellence of those who study gerontology/aging, as well as the professional aging service personnel. By joining SPO you can meet other students, professors and professionals in the community. If you are interested in becoming a member or attending one of our meetings, contact the Graduate Assistants at 255-3899 for more information.

Notice

If you would like to continue receiving the Gerontology newsletter, please send us your updated address and phone number. If you know of anyone else who would like to receive the newsletter, let us know. Call Jill and Kari at the Gerontology Graduate Office at 255-3899.

St. Cloud State University
Gerontology Program
Center for Community Studies
365 SH 720 Fourth Ave South
St. Cloud, MN 56301-4498

ADDRESS CORRECTION REQUESTED

Mailing Address
Street Number and Name
City, State 98765-4321

Answers to Gerontology Quiz

- 1.) F
- 2.) T
- 3.) F
- 4.) T
- 5.) F

Gerontology Newsletter Staff

Editorial Staff: Jill Fiedler and Kari Robinson

Director of Program: Rona Karasik

Technical Assistance: Brenda Tritz

