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Program in Gerontology

Spring 2001

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Gerontology Times

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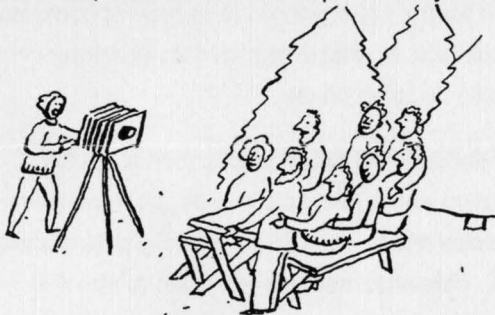
St. Cloud State University

Spring 2001

Sigma Phi Omega News

Now that spring is upon us, Sigma Phi Omega has many activities planned. On April 6, Sigma Phi Omega, the Council on Aging and the City of St. Cloud will together be sponsoring a forum entitled "Community and Government Planning for an Aging Population". The forum will take place at the Whitney Senior Center from 9:00 to 11:00 AM.

On April 25, the Gerontology Program will be holding their annual Open House from 3-5 PM. Join us for food, fun and great prizes! After the Open House, Sigma Phi Omega will hold a meeting from 5-6 PM to install new officers. These activities will take place in Stewart Hall, Room 330. We hope to see you there!



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Notes From the Director

Let it snow...let it snow...let it snow. Wait! This is spring semester! Enough with the snow already! Bring on spring! Even if the weather is slow to cooperate, the Gerontology Program has a lot of activities planned to jump start your spring. On April 6, our national and professional honor society, Sigma Phi Omega, will be tri-sponsoring a 2030 forum with the Council on Aging and the City of St. Cloud entitled "Community and Government Planning for an Aging Population". Also, Sigma Phi Omega will be holding their Spring meeting on April 25. If you have been thinking of joining Sigma Phi Omega (National Honor Society in Gerontology) or would like to learn more about it, see me or the graduate assistants, Kari and Jill, for an application and more information.

Also, don't miss the Gerontology Program's annual **OPEN HOUSE** on April 25 in Stewart Hall 330 from 3-5 PM. As always, there will be plenty of friends, food and FANTASTIC door prizes! Everyone is welcome. While you are there, check out our new "The Community Needs You" board (across from Stewart Hall 336) for a current listing of volunteer opportunities.

Finally, believe it or not, it is time to start thinking about registration for Summer and Fall classes (see page 3 for a "sneak preview" of the Summer/Fall course offerings). Be sure to check with your advisor (Dr. Phyllis Greenberg-Master's and Certificate Students and Dr. Rona Karasik-undergraduate minors) to make sure your program is on track. We look forward to seeing you! Have a great spring!

Rona J. Karasik, Ph. D.

Director, Gerontology Program

Department of Community Studies

Sabbatical Report

By Linda Havir

I spent fall semester on sabbatical-taking time for much needed renewal and respite.

I had an opportunity to work on my research with Janet Hope (College of St. Benedict and St. John's University). We have submitted an article for publication and have been getting inquiries from all over the country regarding our findings. We found no evidence to support the stereotype that older people are particularly vulnerable to gambling problems and addictions.

I spent January 2000 at the Holocaust Studies for Educators Seminar in Jerusalem. I will be able to use some of this work in several of my classes including topics on helping behaviors, the role of medicine and doctors in political agendas and medical ethics.

Last spring I worked with Whitney Senior Center and moderated a series of discussions for the National Issues Forum that was supported by a grant from the Minnesota Humanities Commission.

Fun, Fun, Fun **Gerontology Open House**

On April 25, the Gerontology Program will be hosting their annual Open House. If you are looking for good food, fun folks and fantastic prizes, come to the open house in Stewart Hall 330 from 3-5 PM. We hope to see you there!!!



Our Featured Organization

Catholic Charities Share-A-Home

The process of aging can be a big transition for many. Maintaining independence and living at home are very important to all of us. So what happens when independence is threatened?

Shared housing is one way to help older adults stay in their home and delay nursing home placement. At the St. Cloud Catholic Charities Share-A-Home program, Barb Ludwig and John Anderson match aging individuals with younger persons also experiencing a transition such as college, divorce or just a need for affordable housing. The aging homeowner would provide housing with lowered rent and the younger individual would help out with light housekeeping and some companionship. This can be an ideal possible solution for the older person to remain at home and for someone who is unable to afford an apartment with the increased housing prices.

Both individuals fill out an application to gather information about interests, needs, personalities and other preferences. A background check is completed as well. Potential matches will meet to see if they are compatible and if so, a match has been made!

Barb Ludwig states "Share-A-Home brings people together for housing purposes. It's a great way to encourage aging in place as a philosophy. It's also an affordable housing option for people in transition and a great way to meet wonderful people."

Barb also states that she is looking for interns to help out and gain good experiences in working with people.

If you have any questions or know of someone who might benefit from the services of Share-A-Home, please call Barb or John at 320-229-4590.

SUMMER/FALL SCHEDULE

Graduate Courses

APSY 678 Introduction to Graduate Statistics

Summer I M-Th 10-11:55 AM

Summer II M-Th 10-11:55 AM

Fall Monday 5-7:45

CDIS 540 Communication Disorders of the Aged

Fall M W 9-10 AM

ED 615 Introduction to Research

Summer I M W 12:30-4:20 PM

FIRE 579 Social Insurance

Fall M, W, F 1-1:50 PM

GERO 511 Aging Policy and Programs

Fall T TH 3:30-4:45 PM

GERO 525 Dementia and Aging

Fall M W 3:00-4:15

GERO 505 Aging and Diversity

Fall T 5-7:45 PM

GERO 644 Internship

GERO 679 Starred Paper

GERO 699 Thesis

GERO 630 Aging and Community

Fall M 5-7:55 PM

PSY 647 Psychology of Aging: Theory and Research

Fall T 5-7:45 PM

SOC 679 Advanced Research

Fall W 6-8:45 PM

SW 530 Social Work Practice of the Aging

Summer I M-TH 10-11:55 AM

SUMMER/FALL SCHEDULE

Undergraduate Courses

CDIS 440 Communication Disorders of the Aged

Fall M W 9-10 AM

CS 333 Studying Communities

Fall T TH 12:30-1:45 PM

FIRE 479 Social Insurance

Fall M, W, F 1-1:50 PM

GERO 208 Introduction to Gerontology *

Fall M, W, F 11-11:50 AM

* serves as a general education course – Distribution
C, Social & Behavioral Sciences, Left Column

GERO 411 Aging Policy and Programs

Fall T TH 3:30-4:45 PM

GERO 425 Dementia and Aging

Fall M W 3-4:15 PM

GERO 405 Diversity and Aging

Fall T 5-7:45 PM

GERO 444 Internship

PSY 345 Psychology of Aging, Dying and Death

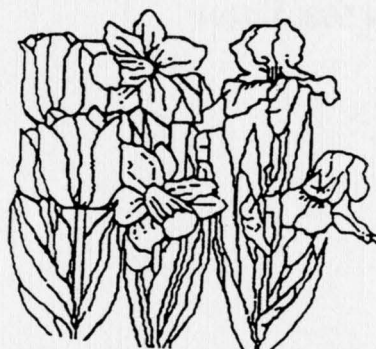
Summer I M-TH 12:30-2:25 PM

SOC 350 Sociology of Age and Aging

Fall W 6-8:45 PM

SW 430 Social Work Practice of the Aging

Summer I M-TH 10-11:55



GERONTOLOGY GRADUATE STUDENTS POTLUCK

A potluck for Gerontology Graduate Students and Certificate Students will be held on Wednesday, April 18th from 5-6 PM in Stewart Hall 365 on the campus of St. Cloud State University. This is a wonderful chance to meet others in the program that you may not see in classes. Bring a dish to share that is traditional or a big favorite in your family. This is a good opportunity for networking and just to relax as the semester winds down. Hope you can make it!

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Faculty Notes

In January, Dr. Rona Karasik spoke to two groups at the Whitney Senior Center on issues of memory in later life. Currently, Dr. Karasik is preparing an invited entry on Dementia for the second edition of the International Encyclopedia of Marriage and Family Relationships. She has also recently prepared and submitted grants to support her continuing research in the areas of intergenerational service learning and housing for older adults. Finally, she, along with Pamela Mittlefeldt (Community Studies) were just awarded a MNSCU "Learn By Doing Grant" to develop a service learning program for CMTY 195 "Community and Democratic Citizenship."

Dr. Phyllis Greenberg and Leland Rueb were awarded a grant for a forum entitled "Ethical Dimensions of the Right to Die." It will take place on April 17, 2001 at 6:30 PM at the Atwood Center on the campus of SCSU. For more information, call Dr. Greenberg at (320) 255-3156. Refreshments served! Dr. Greenberg is currently working on an invited entry for the International Encyclopedia of Marriage and Family Relationships on sexuality in adulthood.

