“Don’t be afraid to trust even if you can’t hug that person.”

Stories of Wisdom from Bodies in Separation (SWaBS)

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“Don’t be afraid to trust even if you can't hug that person.”

School by Krista Sue-Lo Twu

No matter how this changes the world, if we’re ever able to interact normally again, don’t be afraid to connect even if you can’t shake hands with somebody, don’t be afraid to trust even if you can’t hug that person, just keep trying because I think human connection is what’s gonna really drive change and help us get through COVID. —Brittany V. Hecker