

St. Cloud State University

The Repository at St. Cloud State

Chronicle

Student Publications

4-11-2011

The Chronicle [April 11, 2011]

St. Cloud State University

Follow this and additional works at: <https://repository.stcloudstate.edu/chron>

Recommended Citation

St. Cloud State University, "The Chronicle [April 11, 2011]" (2011). *Chronicle*. 750.
<https://repository.stcloudstate.edu/chron/750>

This Book is brought to you for free and open access by the Student Publications at The Repository at St. Cloud State. It has been accepted for inclusion in Chronicle by an authorized administrator of The Repository at St. Cloud State. For more information, please contact tdsteman@stcloudstate.edu.



Japan Night raises funds for tsunami victims

Jack Lofgren
STAFF WRITER

JP Network, put on its annual Japan Night last Saturday in the Atwood ballroom. The night’s theme was “folktales,” where a number of Japanese folktales were acted out by students.

Japanese students studying at SCSU at one time numbered around 300, but now there are only 16 international students from Japan, according to Hikaro Sako, president of JP Netowrk.

JP Network has 25 active members and nearly 40 members that simply help with events. The organization has been hosting Japan night for 6 years. Previously, it was overseen by an organization called Japan Club, according to Sako.

“More than half of our members are American students. The communication between them is very difficult. Both sides have a different cultural background,” Hikaru Sako, who has been president or vice president of JP Network for two-and-a-half years, explained. “The difference is really big.”

Aside from “folktales,” another recurring theme in the night was the recent tsunami in Japan that left over 12,000 people dead, with another 16,000 still missing. The earthquake that caused the tsunami was the highest magnitude earthquake Japan has experienced in recorded history.

“It made my heart sink. It was a horrible feeling when I first heard about the Tsunami,” senior communications studies student

•See Japan Night/ Page 3



JUN-KAI TEOH/MANAGING EDITOR
Ken Nomura represents Tzu Chi and talks about the Tsunami disaster.

Pete’s Place offers good food, unique atmosphere

Emilie Thiessen
NEWS EDITOR

Pete’s Place offers service that is sometimes difficult to find in the St. Cloud area: food cooked from scratch, an arms-length away, often served by the very person who cooked it. That unique small-town feel – and the great food – is what keeps customers coming back to the quaint restaurant for more.

“Pete’s Place is like an old mom-and-pop place,” cook and head waitress Tammy Ommundson said. “You don’t see many places like this anymore.”

Tammy, who has worked at Pete’s Place for nearly 12 years, loves seeing the regulars throughout the week and said customers keep coming back because they feel welcome and comfortable in the fun and intimate atmosphere of the restaurant.



EMILIE THIESSEN/ NEWS EDITOR
Owner Peter Holt and head waitress Tammy Ommundson relax in the kitchen after a Friday morning rush.

many years in the location on 9th Avenue and plan to stay there for awhile.

“This is the longest I have been in one place ever in my life,” Holt said, who lives in an apartment di-

rectly above the restaurant. “I have always kind of bounced around, but this has kind of become home.”

•See Pete’s Place/ Page 5

First Amendment forum scheduled Friday, April 15

Casey Cromwell
ASST. NEWS EDITOR

The Society of Professional Journalists’ annual First Amendment Forum is an event designed to honor those most vigilant in their defense of the first amendment and a free press, while also educating students and the public about the current state of journalism and free speech.

The event is split into 2 sessions—9 a.m to 11 a.m. and 1:15 p.m. to 3 p.m. The morning session plans to discuss investigative journalism through a his-

torical lens, while the afternoon session will focus on the current and future status of investigative journalism.

The event will be moderated by SCSU professor and mass communications historian Bill Huntzicker.

The 2011 Forum features the theme “Have the Watchdogs Lost Their Bark?” and will focus on the state of the watchdog function of the media as well as the state of investigative journalism as a whole.

•See Forum / Page 4

‘Normalia,’ first SCSU paper, available online

Jason Tham
STAFF WRITER

In collaboration with the Minnesota Digital Library, SCSU’s Archives and Special Collections of Learning Resources and Technology Services (LR&TS) digitalized and published online the first Normal School newspaper – “Normalia.”

“Normalia is the St. Cloud State’s first student newspaper. There were 93 issues that ran from April 1892 to May 1904,” Tom Steman, SCSU archivist, said.

In March, the 1,867 pages of articles and photographs were published to the Minnesota Reflection website (<http://reflections.mndigital.org/>), fully searchable using the “Normalia” keyword.

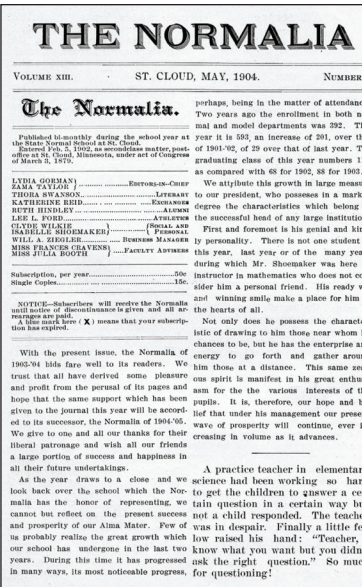
“A lot of the articles that appeared in ‘Normalia’ were written by faculty, students, and I suspect, alum. They were all about education,” Steman said.

“Geography is one topic of the articles. I have had one student who was looking to see how geography was taught in this university at the turn of the 19th Century,” Steman said.

“The other piece that is important, is about the university itself,” Steman said. “The documentation for much of this university is scattered and the volume is tiny – so if someone wants to know what this university was like between 1892 and 1904, the ‘Normalia’ will be one of the places that I will point them to.”

Steman said “Normalia” also included course catalogues and the faculty teaching these courses during that period of time.

“Normalia” listed important



COURTESY OF SCSU LIBRARY ARCHIVES

The Former SCSU Newspaper ‘Normalia,’ printed from 1892 to 1904.

events and activities that took place in this 12-year period, making it a valuable source to students and researchers.

“If you want to know events of this university, who was visiting, what kinds of jobs alum were getting – there is really a snap shot of what life is like here as well as what people were interested in their education field,” Steman said.

This project was funded in part by a grant from the Minnesota Historical Society, through its Arts and Cultural Heritage Fund award, which came

•See Normalia/ Page 3

125 years after Sauk Rapids tornado

Karina Kern
CONTRIBUTING WRITER

Thursday, April 14, marks the 125th anniversary of the deadliest tornado in Minnesota history that crashed through the thriving city of Sauk Rapids in 1886.

On April 14, 1886, four cyclones went crashing through the St. Cloud area. Three of these tornadoes died down to whirl winds, but one cyclone, rated an F5 on the Fujita Scale, went right through the heart of Sauk Rapids.

“The tornado formed rapidly and moved quickly through the town and left nothing but devastation behind,” Mrs. Bertha Arensberger said in an interview conducted by the Sauk Rapids Historical Society in 1968.

As the tornado crossed the river from St. Cloud to Sauk Rapids, it temporarily sucked the river valley dry and destroyed the iron truss bridge that spanned the Mississippi River. Other buildings that were destroyed include the post office, the jail, the court house, the flour mill, and over 200 homes. 15 rail cars had also been flipped off the tracks and destroyed.

Arensberger’s children were outside playing as the cyclone became visible.

“Come inside the house, we’ll have to pray, it’s the end of the world,” Arensberger said.

By the time the cyclone had passed through, 20 people from St. Cloud, 38 from Sauk Rapids, and 11 people in a wedding party from Rice were killed,

including the bride and the groom. Records also show that another 200 people were badly injured by the cyclone’s destructive path.

The first knowledge of this cyclone outside of the St. Cloud area was contained in two telegrams that were sent from Sauk Rapids to Mayor Ames, Minneapolis. The first telegram that was received from Sauk Rapids disclosed the following information:

“A destructive cyclone passed over St. Cloud and Sauk Rapids late this afternoon. There is terrible destruction here. Please send up all the assistance you can immediately, by special train. Send physicians and surgeons.”

The second telegram received from Sauk Rapids said,

“To Mayor Ames, Minneapolis: Can you send a special train with physicians to this city? A cyclone passed over the city this afternoon. A great many are believed to have been killed, but the number is not yet known.”

Immediately upon receiving the messages, a train was organized and departed for St. Cloud at 6 p.m. that evening with 11 medical care providers on board.

Prior to the tornado, Sauk Rapids was considered to be one of the most developed cities in the state. The river and rail road helped provide different means of trade and transportation. By 1870, the question of moving the capital of the state to Sauk Rapids arose. Sauk Rapids was just as developed as

•See Tornado/ Page 3



Red Bull partners with SCSU to showcase talented drumming around campus.



SCSU students help promote A Day Without Shoes as they walk barefoot around campus.



Classic 500

Has 4 Bedrooms Available!

10 & 12 Month Individual Leases!

MOVE IN SPECIALS!!!

ONE MONTH FREE WITH A 12 MONTH LEASE! FREE PARKING WITH A 10 MONTH LEASE!

CALL TODAY FOR YOUR SHOWING!!!

Heat, Water, Sewer & Trash Paid!

Dishwasher & Microwave Included!

Spacious Floorplans!

You Won't Be Disappointed!

320-240-8188

or visit www.jjsproperty.com



**CALLING ALL WRITERS & PHOTOGRAPHERS
THE CHRONICLE NEEDS YOU!
COME TO STEWART HALL ROOM 13, NOON MONDAY OR WEDNESDAY**

SCSU TOBACCO
awareness



FAVOR

Do yourself one and check "favor" when you vote for implementing the proposed tobacco policy.



Referendum & Elections held through email April 11-13

TANNING BEDS CAN BE LIKE ASKING 4 SKIN CANCER.

Tanning beds emit UV RAYS THAT CAN BE 15x STRONGER THAN THE SUN. OMG. UV RAYS CAN CAUSE SKIN CANCER, DEADLY MELANOMA AND THE UGLIEST, WRINKLED SKIN EVER. INDOOR TANNING IS OUT.



Physicians Dedicated to
Excellence in Dermatology™

www.aad.org

A text message from the American Academy of Dermatology.

Tornado

Continued from *Page 1*

St. Paul; there was a concern that a more centrally located capital might be ideal. Before the idea had time to be contemplated, the cyclone in 1886 destroyed the town and destroyed all hopes of making the ideal possible.

As of today, the Sauk Rapids Cyclone is still ranked as Minnesota’s number one weather related disaster.

“When people come into the Benton County Historical Society to learn some history, the most common thing they ask about is the Sauk Rapids tornado,” said Mary Otsby, local historian and Executive Director of the Benton County Historical Society.

Otsby also said that the people were so overwhelmed after the cyclone had taken place; they were confused on what to do. They ended up having to bury bodies in their front yards.

“I think that Sauk Rapids made a statement that the community will move on, after the printing press was completely destroyed, the Sauk Rapids Herald still came out with the story of the cyclone in print a week later,” Otsby said, “Sauk Rapids will survive.”

The Benton County Historical Society has the largest amount of information about the event including pictures, newspaper clippings, and interviews displayed all over the walls of the building.

“With all the devastation that has been done, it is amazing how the community made a statement and moved on,” Otsby said.

“After the printing press was completely destroyed, the Sauk Rapids Herald still came out with the story of the cyclone in print a week later.”

Mary Otsby
Executive Director, Benton County Historical Society

Cultural Cafe spring schedule

April

April 15 - Ukraine

April 22 - Cambodia

**All Cultural Cafe events are held on Fridays from 2 p.m. to 3:30 p.m. in Mitchell Hall.*

Japan Night

Continued from *Page 1*

Asuka Onoguchi commented. Onoguchi is from Tokyo, Japan. All families of SCSU students are safe.

JP Network has raised over \$1500 for the tsunami relief effort in the four weeks since the disaster. The money is donated to the Buddhist Tzu Chi Foundation, a non-governmental organization that helps disaster victims.

Officers from JP Network presented representatives of Tzu Chi with a check for the amount of \$1529.24. Aside from this, a silent auction for Japanese gifts and a stand selling artwork was also set up in the Ballroom, the profits of which were also donated to Tzu Chi.

The entertainment at Japan Night consisted of folktales recreated by actors. There would often be breaks in the storytelling for Japanese songs, dances, or performances by the SCSU Taiko group. Taiko is a form of Japanese drumming dating back to 300 C.E.

Japan Night also included a demonstration by the SCSU Judo group. Judo is known as “the gentle way” in Japan. Judo martial artists are taught to yield their position when fighting so as to throw their opponent using the force of their own strike. It is also a way of life strongly tied to Japanese, Buddhist, and Shinto culture.

After the storytelling, attendees were served Japanese food.

“In a certain way, the food is really authentic. We’re going to cook Japanese curry, a really home-style food ... but curry is not from Japan, it’s from India... but it’s really popular in Japan. A lot of people eat it,” Sako said.

Aside from Japanese curry, the menu also included nikujaga, which is a kind of stew containing meat, potatoes, carrots, and soy sauce for the entrée. For dessert, the attendees were served dango, which is made from rice flower covered in a sweet sauce.

After the food was served, former SCSU president Roy Saigo and vice president of student life and development Wanda Overland gave awards recognizing president Hikaro Sako and vice-president Jim Cusick for their 9 years combined service to JP Network.

The night ended with all the members of JP Network singing a folksong in Japanese.

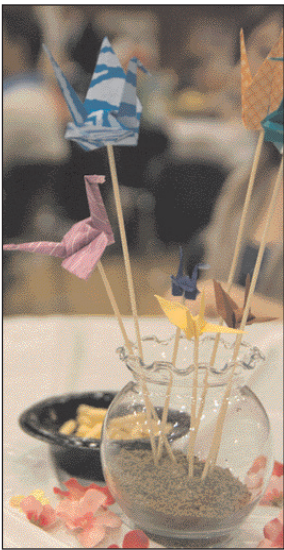


JUN-KAI TEOH/ MANAGING EDITOR

Japanese students perform traditional Japanese dance.

JUN-KAI TEOH/ MANAGING EDITOR

Japanese origami cranes decorate the tables at Japan Night to symbolize peace and unity.



Normalia

Continued from *Page 1*

from the State’s Clean Water, Land, and Legacy Amendment Fund. It was made possible by LR&TS and the Minnesota Digital Library Coalition.

“Before this was digitized, I can count of one hand how many people knew what this publication was. But now, it being digitized with the Legacy grant money, with the partnership with Minnesota Digital Library, people can look at these things at any time. They don’t have to come to the archive,” Steman said.

Steman also said that having the publication available to the public via the website has added value to “Normalia.”

“The ‘Normalia’ has got so many other documents inside, it’s got a lot of information for a lot of people – not the least of people who are doing genealogy research, you can type in anybody’s last name and search,” said Marian Rengel, Minnesota Digital Library outreach coordinator.

“Access is the main reason to digitize them and bring them to Minnesota Reflection,” Rengel said.

Minnesota Reflection is free for access to everyone, no password is required.

“We think that access is also important for educators,” Rengel said.

Among the many personalities and significant events at St. Cloud Normal School, is the hockey game that was reckoned “first seen in St. Cloud,” where the Alphas played against the Omegas.

Steman added that there were also letters written by students about the Spanish-American War in the late



COURTESY OF SCSU LIBRARY ARCHIVES

The Former SCSU Newspaper ‘Normalia,’ printed from 1892 to 1904.

1890s.

“So you get to see that firsthand knowledge of St. Cloud State student, who was a veteran serving in military unit,” Steman said.

“And the thing I like is that no matter what field students are in, the question is, ‘How did we get to be who we are today?’” Rengel said.

Rengel said the roots to the decisions made back then are recorded in the “Normalia.”

“What were the first buildings? Why did we put them there? What do we think about them? How was the community responding to the school being here?” Rengel added.

Rengel summarized that students have to first start reading the “Normalia” on their own, and then they will “quickly fell in love with what’s there.”

Severe Weather Awareness Week, April 14-15

Josh Wurster

CONTRIBUTING WRITER

Minnesota begins its “Severe Weather Awareness Week” this week to raise awareness about severe weather safety.

Throughout the week there will be events across the state highlighting severe weather such as lightning, straight-line winds, hail, tornadoes, floods, and extreme heat.

Each day during the week a specific topic will be covered. Each topic presented includes eye-opening facts and statistics, information on being prepared, and staying informed with all severe weather events.

To begin the week, events on Monday will look at thunderstorms, hail, straight-line winds, and lightning. Damage from these events is very costly. Each year hail

alone causes approximately 1 billion dollars in damage nationwide.

Lightning also causes multiple issues every year. Lightning is more deadly than any other weather event. Aside from deaths, lightning causes millions of dollars in damage from fires resulting from lightning strikes.

Tuesday’s events will focus on Severe Weather Warnings. The National Weather Service issues severe weather warnings to the public with any threat of a severe weather event.

Personal weather alerts are a way to stay informed when severe weather is approaching. The National Weather Service and many local media offer personal weather alerts. These alerts are often sent by email or text message.

Minnesotans are no strangers to flooding, which is why Wednesday events will on

floods and flash floods.

Floods and flash floods have many causes. These range from hurricanes, snowmelt, and ice jams. Each year floods impose millions of dollars worth of damage on many communities.

Flood safety is an important issue. One major concern is driving or walking into floodwater. Each year the popular phrase, “turn around, don’t drown” resurfaces to remind the public of the dangers of floodwater.

Thursday is the most well known day of severe weather awareness week - tornadoes. April 14 is Tornado Drill Day. The State of Minnesota will conduct two tornado drills during this day. One will be held 1:45 p.m. and the second at 6:55 p.m.

Other topics that will be covered on Thursday include building and taking proper shelter, and other tornado safety

information, including myths associated with tornadoes.

Wrapping up “Severe Weather Week” is the threat of extreme heat.

Extreme heat is often overlooked when discussing severe weather. On average, extreme heat kills 219 people every year. In comparison, each year floods kill an average of 88 people, tornadoes, 57, lightning, 52, and hurricanes 15.

Understanding and being informed during instances severe weather is extremely important and vital for each person’s safety.

For more information on any of the severe weather events highlighted during Severe Weather Week visit <http://www.severeweather.state.mn.us/>.

SCSU offers summer creative writing course

Jack Lofgren

STAFF WRITER

The SCSU English department will be offering the “Mississippi River Creative Writing Workshop in Poetry and Fiction” this summer as an undergraduate and graduate level course. The workshop will consist of creative writing exercises, peer review, and talks by visiting authors. It is open to all students regardless of major. No prior writing experience is necessary.

Students may write in poetry, fiction, non-fiction, or any other creative way in this workshop.

The workshop boasts four professional writers who will talk to students, provide question and answer sessions, and conduct writing exercises.

Margaret Hasse, one of the visiting authors, has written two award-winning books of poetry. She will be talking to students about memory and its relationship to writing.

Marya Hornbacher, who presents every year at the workshop, has written two memoirs that reached the New York Times bestsellers list. Critics have called her

“It is great to be able to meet authors, not only for creative inspiration, but also to learn about the writing process. It’s a great opportunity for people regardless of their major.”

Anne Johnson
Senior, English

work “A jewel of emotional authenticity.” This will be her third year speaking to the workshop.

“Bill (event facilitator and SCSU English professor) knows technique so well, and students get to practice those very technical aspects of writing as well as the philosophical aspects of writing. They get a really well rounded picture of why they want to write, how they want to write, and how to do it,” Hornbacher explained. She will discuss with students the process of writing non-fiction.

Thomas Maltman, whose historical novel “The Night Birds” won multiple awards, will discuss the visualization and

sensual imagery. John Minczeski, another visiting writer, will discuss poetry and imagery. He authored two award-winning books of poetry.

“Authors love to come. They really praise the workshop. Oftentimes they ask me if they can come,” Bill Meissner, professor of English and creative writing and facilitator of the event, said. “(The authors are) very personable people, too. They don’t just lecture, they talk with the group.”

Professor Meissner, who has been facilitating the workshop since the 1980s, is also a well established author. His novel “Spirits in the Grass” won the 2008 Midwest Book Award. He is also the author of four books

of poetry and two short story collections.

The workshop is designed for a general audience. Students, teachers, and members of the community all participate in the workshop. It is designed for general interest in creative writing, according to professor Meissner.

“It’s awesome to be able to meet authors, not only for creative inspiration, but also to learn about the writing process. It’s a great opportunity for people regardless of their major,” said senior English student Anne Johnson, who will be attending the workshop this year.

The workshop runs from 10:30 a.m. to 4:45 p.m., Tuesday, May 24 through Friday May 27. It is worth two credits, and operates on a pass/fail grading system. The course can be found under ENGL 445/545. Students of all skill levels are encouraged to sign up for the course.

“It’s a fabulous chance to meet authors firsthand, and to hear how they work, their process in writing, and toward publishing a book,” professor Meissner explained. “The experience is invaluable for students interested in creative writing.”

Onion brings satire to SCSU

Michael Runyon

NEW MEDIA EDITOR

Two creative writers for the satirist publication, The Onion, came to campus to share stories, ideas and their unique brand of comedy with SCSU students.

The guests were Joe Garden, a feature editor, and Lang Fisher, a writer for the Onion News Network (ONN). Garden has worked for the Onion since 1993 and Lang began work as a casting director in 2008.

“The programming board asked us to do it and I thought it sounded swell. I really do like coming around to schools and talking to people,” Garden said.

“Lang works on a TV show but she’s on the writing side of it and I work at a newspaper so I can’t really hear what people feel about it.”

“When people contact the onion it’s almost invariably to complain. People never think to write ‘I enjoyed this.’ they always think to write ‘I am very angry with you.’ So it’s always fun for us to meet people and see them react,” he said.

The event was sponsored by the UPB’s national events committee. The national events committee’s focus is to bring speakers in from around the country.

Victor Bertrand, coordinator for the national events committee and student at SCSU, said “In order to

find more diverse events we came across The Onion. We thought that it would be a good idea to have something different from what we normally do; something less serious. National events can be very serious and we thought this would be a little less so.”

The ONN has just rounded out its first season on Independent Film Channel (IFC) and is slotted for a second season.

Fisher stated the ONN as “a lot of work.”

“We really have a lot of respect for what we do and we have a lot of pride for our brand,” Fisher said.

“So trying to make our new show, we really wanted it to look like it could be a show on ONN. That meant writing tons of stories and jokes.”

The Onion began in Wisconsin as a satirist newspaper and has since grown to include videos, a movie and a website. The Onion’s offices are currently in New York.

Garden said that the culture of the onion has changed since he began working there, stating “It

took me a while to realize that what I was doing was a job that required time, work and talent. It took a long time for me to admit to myself that what I was doing was work and it required time and a modicum of talent.”

The event was funded by the national event committee’s budget, which is paid for by student fees.

Many of the Onion’s staff members are former writers and anchors. The writers use APStyle in their work and the ONN staff watch major news networks in order to better emulate their style.

Garden said that although the Onion now takes itself more seriously, he still has a casual work environment.

“There is a dog running around the office right now. I’m in a t-shirt and jeans and if I wanted to I could wear less. I’m allowed to run a store out of my office. It’s the kind of environment where we’re all trying to do make the best jokes we can. I’m proud of what we do and being a part of something that has lasted as long as it has” said Garden.



JUN-KAI TEOH/MANAGING EDITOR

Joe Garden, a feature editor for The Onion, speaks to students in Ritsche Auditorium.

Forum

Continued from Page 1

Joshua Johnson, vice president of St. Cloud’s student SPJ chapter said, “The forum is a great opportunity for mass communications students, as well as the general public to talk to veteran investigative journalists, people who have been excelling in their field for decades.”

2011’s forum will honor longtime staple of Minnesota journalism John Bodette, executive editor of the St. Cloud Times. Vice president Johnson added, “Bodette is a legend in his field and it’s time he was honored for his many years of hard work and effort in the field of investigative journalism.”

In addition to accepting 2011’s award, Bodette will speak on the current state of investigative journalism during the morning session of the forum.

Other panel members slated to speak during the morning session include Maura

Lerner, Star Tribune; Joe Rigert, Star Tribune; Bob Cowan, WCCO and Lee Rood, Des Moines Register.

The afternoon session will include panelists Reg Chapman, WCCO; Jeff Kumer, Des Moines Register; Dave Unce, St. Cloud Times and 2011’s award winner

John Bodette.

The 2011 First Amendment Forum will take place on Friday, April 15 in the Atwood Little Theater. The forum will again be presented in two sessions—9 a.m. to 11 a.m. and 1:15 p.m. to 3

“Bodette is a legend in his field and it’s time he was honored.”

Joshua Johnson

Vice President of SCSU’s SPJ chapter

Finally!
A prescription with side effects you want.

Blueberries and red beans,
just a few of the many foods rich in antioxidants, are powerful remedies in the fight against cancer. Research shows that fruits, vegetables, and other low-fat vegetarian foods may help prevent cancer and even improve survival rates. A healthy plant-based diet can lower your cholesterol, increase your energy, and help with weight loss and diabetes. Fill this prescription at your local market and don’t forget—you have unlimited refills!

THE CANCER PROJECT

For a **free** nutrition booklet with cancer fighting recipes, call toll-free 1-866-906-WELL or visit www.CancerProject.org

Business



EMILIE THIESSEN/NEWS EDITOR

Above: Angela Fischer and Louis Biondo eat their breakfast on a busy Saturday morning at Pete's Place. Fischer said she likes the quaint and unique feel of the small restaurant.

Left: Owner Peter Holt cooks hash browns right before customers on his griddle. Holt said he enjoys being able to converse with customers as he cooks.



“We have a great time here. We love it and hope other people do too.”

Peter Holt
Owner/head-chef, Pete's Place

Pete's Place

Continued from *Page 1*

Pete's Place offers service that is sometimes difficult to find in the St. Cloud area: food cooked from scratch, an arms-length away, often served by the very person who cooked it. That unique small-town feel – and the great food – is what keeps customers coming back to the quaint restaurant for more.

“Pete's Place is like an old mom-and-pop place,” cook and head waitress Tammy Ommundson said. “You don't see many places like this anymore.”

Tammy, who has worked at Pete's Place for nearly 12 years, loves seeing the regulars throughout the week and said customers keep coming back because they feel welcome and comfortable in the fun and intimate atmosphere of the restaurant.

“Any place you get to come and see your food getting cooked ... it makes you feel like you are at home,” she added. “People feel comfortable here. A lot of people sit here for hours, do their studying and drinking coffee.”

Peter Holt, owner and head chef, said although their location isn't ideal, they have maintained steady business throughout the many years in the location on 9th Avenue and plan to stay there for awhile.

“This is the longest I have been in one place ever in my life,” Holt said, who lives in an apartment directly above the restaurant. “I have always kind of bounced around, but this has kind of become home.”

Holt moved to the current location 12 years ago. Not long after his move from downtown, Holt saw Ommundson serving in another restaurant and was so impressed with her, he convinced her to join him at Pete's Place.

“He told me he had this new place,” Ommundson said. “It was only a couple blocks from where I lived, so I came to check it out. I fell in love with it and the rest is history.”

Patron Louis Biondo recently found Pete's Place and has been going there ever since. Biondo said he goes to Pete's Place for the cribbage and the great food.

“It is nice to come in on a Saturday morning, eat my breakfast and play cribbage,” he added.

First-time patron Angela Fischer said she was immediately drawn to the charming atmosphere. The food made the whole experience even better she said.

“It is really cute and quaint,” Fischer said. “and they are really nice people working here.”

Owner Peter Holt said some of the more popular items on the menu are the flavored pancakes, which come filled with blueberry, apple, Bavarian cream, chocolate chip, chocolate, pineapple, raspberry, lemon, strawberry, or cherry filling. Holt said the potato omelets – two egg omelets stuffed with hash browns – are also famous with the regulars, along with their homemade, 100 percent, ground beef hamburgers.

“Come here for good food, good service, and free parking,” Holt said. “We have a great time here. We love it and hope other people do too.”

Pete's Place is located at 413 9th Ave. N and is open from 6 a.m. to 3 p.m. Monday through Friday, and 7 a.m. to 3 p.m. on the weekends.

Technology

Web building made easy for students

Wordpress' intuitive interface makes web design easy for all

Jun-Kai Teoh

MANAGING EDITOR

Wordpress is, arguably, one of the easiest way to build a website from the ground up.

And for anyone looking to quickly build a professional looking website, or a personal portfolio, it's definitely worth a glance or two.

Building a simple six-page website using html codes and css codes may be manageable, but websites like those are usually less interactive and pleasing.

There are many ways to build a website, from coding each individual page to using web-services like Weebly and the like, but Wordpress is probably the easiest and most flexible method to build a professional website.

Just take a gander at the blogs on New York Times' website, or Mozilla Labs, or even NikonFestival.com. They look nothing like each other, yet each and every single one of those is powered by Wordpress.

For the people out there familiar with the “blogging” world, Wordpress might sound familiar as a blogging platform.

However, there's a slight distinction between “Wordpress.com” which is a website that hosts blogs, and the Wordpress system – which is what we will be briefly touching on in this article.

Content Management System

Wordpress can be used as a fully fleshed out content management system (CMS), similar to Drupal and Joomla – for the techies out there.

What this essentially means is that it can be used to manage an entire website, from creating additional pages and handling

multimedia files for a basic webpage, to turning it into a forum-like system.

Wordpress may look like a blogging platform when it's first set-up, but a plugin or two and a tweak or three can easily and quickly change it into a website worthy of professional scrutiny.

The Chronicle for example, does all of its story submissions, pickups, story pitching through our website now. Copy-editing is done online and writers and editors even have the ability to communicate within our website.

Wordpress can be customized to have different “user-levels” for websites that are community based, and the “user levels” can easily be customized to have different capabilities.

Once again, using the Chronicle as an example, our writers see a drastically limited interface on our website compared to our copy editors or section editors.

It doesn't have to be complicated, but it has the potential to be far more than just a one-user blogging system.

Themes

The easiest way to beef up Wordpress is to take advantage of its slew of plugins and hordes of themes.

Wordpress themes however are a little bit different: some themes simply re-skin the website, other themes provide additional features when it's installed.

Finding themes for free is an easy task as well, and a very good place to start with is on Wordpress.org's theme database or on SmashingMagazine.com.

These basic themes can be customized as well, so all those hours put into reading up on html codes and css codes won't be wasted at all. But for those of us out there that prefer not to twiddle with computer gibberish, there's no reason to either.

Plugins

Plugins, now this is where Wordpress truly shines.

Adding and removing features to a



PHOTO COURTESY OF TECH-BUZZ.COM

Wordpress can be customized to have different “user-levels” for websites that are community based, and the “user-levels” can easily be customized to have different capabilities.

Wordpress-based website is as simple as doing a search and clicking “install”.

While plugins can't do everything, they do so many things it's easy to forget that they're not all mighty.

Installing an ad system onto the website, google checkout, google search, spam blocker, comment rating systems, submission forms, anonymous forms, slideshows, movie players, video players – the list just goes on.

Granted, too many plugins may cause the website to be a little bit unstable at times. Not every plugin “plays nice” with each other, but a single click can turn them off as well.

Last notes

Wordpress isn't perfect but it's very good, and this is a ridiculously short over-

view of the system.

Installing Wordpress wasn't covered because that might be a little bit too technical. It's relatively easy and painless, but writing about that would have required using a lot of jargon.

However, for the average Joe/Jane or student looking to build their first website, Wordpress may be the easiest and most fulfilling system to try.

Just take a gander at the Chronicle's website, or the blogs on New York Times and Wall Street Journal.

Can Wordpress make a sandwich and bring it to the table? Highly unlikely, but then neither can its alternatives.

Tic-Tac-Toe

Something every human should do.



Chronicle Sudoku

Sudoku courtesy of Opensky Sudoku Generator

1		9						
	6	8	1	5			4	
2					3			
6				9	8			5
	7	2				1	6	
8			7	6				4
			8					7
	8			4	7	2	3	
						4		9

Uncle Sam courtesy of www.learningfromdogs.com



April 15 your taxes are due. Do them, get refund, pay rent.

Find the Chronicle near you.

Campus locations

- + Residence Halls
- + Wick Science Building
- + Education Building
- + Stewart Hall
- + Atwood Memorial Center
- + Miller Learning Center
- + Centennial Hall
- + Performing Arts Center
- + Administrative Services Building
- + Women’s Center
- + American Indian Center
- + Halenbeck Hall
- + Engineering and Computing Center
- + 51 Building
- + Welcome Center

.....

Downtown locations

- + The Electric Fetus
- + ING Cafe
- + Public Library
- + Radisson Hotel
- + Jimmy Johns
- + Green Mill
- + Erberts and Gerberts
- + Meeting Grounds
- + Perkins

.....

Follow us online

- + Website
www.universitychronicle.net
- + Facebook
www.facebook.com/pages/University-Chronicle/53249528282
- + Twitter
www.twitter.com/universitychron

University Chronicle

St. Cloud State University
13 Stewart Hall
St. Cloud, Minnesota
56301-4498

On the Internet
www.universitychronicle.net

Phone
Office: (320) 308-4086
Fax: 308-2164
Advertising: 308-3943
Business: 308-3945
Editor: 308-2449
peem0602@stcloudstate.edu

Staff

- Editor
Emily Peterson
- Online Editor
Jun-Kai Teoh
- News Editor
Emilie Thiessen
- Asst. News Editor
Casey Cromwell
- A & E Editor
Molly Willms
- Asst. A & E Editor
Samantha South
- Sports & Fitness Editor
Melanie Ovel
- Visuals Editor
Andrew Jacobson
- Asst. Visuals Editor
Beatrice Chung
- Opinions Editors
Megan Junkermeier
- Copy Editors
Chris Bremseth
Natalie Lucken
Hannah Swift
- New Media Editor
Mike Runyon
- Advertising Manager
Kelsey Krucker
- Business Manager
Nishma Malla
- Faculty Adviser
Michael Vadnie

History

The University Chronicle was founded Sept. 19, 1924. It is published weekly during school semesters and weekly during summer sessions. Schedule exceptions occur during final periods and academic breaks. The newspaper is funded with student activity fees through the Student Government Finance Committee.

Distribution

The University Chronicle is distributed on the campus of St. Cloud State University along with businesses in the downtown St. Cloud area. For a complete list of distribution locations email Emily at peem0602@stcloudstate.edu

Corrections

The University Chronicle prides itself on journalistic integrity. We strive to publish the most accurate information, but we are prone to human mistakes. We will correct any errors of fact or misspelled names promptly. Call 308-4086 with any corrections.

Editor’s Photo Corner



Edible Book Festival

All photos by Beatrice Chung, Chronicle Visuals Editor

Extinguishing smoking rights

Jack Lofgren

COLUMNIST

It was only three years ago when the idea of a smoking ban on campus came up.

It was put to a vote and shot down by the student body.

Now we are faced with another smoking ban.

The difference between then and now?

We don't have a choice this time. Potter's Administration included a "referendum" to this week's election to either "approve" or "oppose" the smoking ban.

What will happen if a majority opposes the smoking ban?

Absolutely nothing.

The Administration said it won't matter which way the students vote, according to SCSU's own press release: "Regardless of student feedback, the (smoking) Task Force's proposal will stay the same."

The "referendum" only exists to give students the illusion of democracy.

They will make decisions over our heads even though the students outnumber faculty 30:1, even though we pay thousands and go into debt for our education.

And why is it that Potter and SCSU's bureaucracy wants a smoking ban so badly as to disregard the will of the student body, many of whom smoke?

Money. SCSU will receive a grant from MNSCU if our campus becomes smoke-free.

So Potter and the Administration care more about making money for the university than the quality of life for students.

How does a smoking ban affect the quality of life of students?

Everyone who wishes to smoke must leave campus, even those who live in housing on campus.

Smoking even on the streets that run through campus won't be allowed.

How will it be enforced? They will use Public Safety to distribute smoking fines to students.

So President Potter, who makes nearly \$300,000 a year, wishes poor, stressed students who go into debt simply to get an education, to receive fines for smoking anywhere on SCSU's 100-acre campus.

It seems like Potter and the bureaucracy are more interested in generating revenue for the university than

the financial well-being of the individual student.

I'd be interested to know why Potter insists on layoffs and fines to students to make money, while taking such a fat paycheck home every month.

So Potter and the Administration are making a decision over the students' heads in order to make more money, under the guise of a "referendum."

"We're over the age of 18, the land is public. If I got a smoking ticket I'd think it's stupid and wouldn't pay it. But at the same time it's one of those things they can just charge to your tuition," Nadine Swartz said to me.

"I've paid them so much money to go here, and now they're taking away my right to have a cigarette between classes."

The ban won't just apply to cigarettes, but all forms of tobacco as well, including smokeless.

Dale Rystad, student body presidential candidate made the comment, "Much like a business, if they choose not to have smoking or tobacco use, it is your right not to use that facility."

But isn't this University a public university?

SCSU is not a business. It is funded publicly by the state.

By Rystad's logic, the Administration of SCSU can do anything it wants, and if someone doesn't like it they can "not use that facility" even though it's their own tax dollars paying for it!

Rystad also said, "Technically this campus owns the property, they can make the policy."

But again, isn't the University publicly-funded and its land public property?

Rystad also claims only 8% of SCSU students smoke.

I implore anyone to visit the Atwood mall area on a sunny Monday afternoon to understand that this "statistic" is highly inaccurate.

Rystad is clearly out of touch with most students.

Dale Rystad will run against Sam Ivey, who opposes a smoking ban, for student body president in the elections held this week.

People like Rystad claim they are promoting public health, but is a smoking ban going to cause people to quit smoking? No.

These people just use "public health" as a forum for their intolerance of other people.

Quote of the Day:

“If you’ve got a talent, protect it.”

Jim Carrey
American actor

College Survival Guide: Chapter 9: Health & Wellness

Michael Runyon

NEW MEDIA EDITOR

Let's face it, we're broke. Going to college is a great lesson in humility and a great threat to your health.

It's tough to stay healthy with the factors of not having any money or time are looming over you like a great specter of doom, so let's talk about keeping yourself healthy on a budget.

First and foremost to your health is what you're putting into your body.

While it's fast to eat out, it's also either very unhealthy for you or very unhealthy for your wallet.

The best way to make sure that you can eat healthy is to buy groceries.

When you buy groceries, make sure to buy the appropriate amount and not get salty or sugary snack foods.

The salt and sugar may taste good but it's not going to nourish you and it's generally more expensive.

It's best to stick with produce and grains.

The easier the food is to combine with what you have, the better.

Think about these foods as a foundation on which to build a meal.

What I'm talking about is your rices, your breads and your veggies.

A 10 pound bag of rice is only about 25 dollars and can last more than a semester.

Bread can make such a variety of sandwiches and toast it's ridiculous and cheap.

Peppers and broccoli can go with rice, bread, meats, salads or can be eaten on their own.

Bringing food with you to school or work can help you stop eating out as well.

There's nothing wrong with packing a lunch. It's faster, cheaper and healthier than stopping by a greasy burger joint or taco shack.

Now that we have the first part of health down, it's time to talk about the second which is exercise.

With our SCSU student status, we have free access to the field house and, more importantly, the pool.

Swimming is the best exercise for your body and the least harmful on your joints.

Swimming for a half an hour a couple times a week helps your muscles, your heart and your lungs in ways running or lifting weights can't touch.

We also have access to

the fitness center, but at a price.

I would advise against getting a membership at the fitness center because calisthenics are a much better way to work out than strapping yourself into a machine and working out that way.

If you absolutely must lift weights in the winter, do push ups and sit-ups.

If you need to run, use the field house.

If you want a full workout, use the pool.

It's free, it's something you can do in the comfort of your home or dorm and it's easy on your body.

Summer is the easiest time to exercise.

It's as simple as going out for a walk or going to the quarries or going for a bike ride.

It's a great way to see some sun, treat your body right and, more importantly, it's free.

Next time you're thinking about paying for a gym membership or buying a greasy burger, think about if you could do it for free.

There are nearly endless ways to stay healthy for free.

Don't waste your money and time on buying health.

Saving the SCSU students' pride

Jason Tham

COLUMNIST

Four more weeks down the semester and we shall be enjoying summer break – the season looked forward to most by college students – especially for those who have not been getting real spring until last week.

I looked back at the entire school year, and was trying to remember some highlights of the year.

Sad to say, not many charitable events have popped up in mind.

With the recent decision made by the SCSU Administrators about the cancellation of our annual Homecoming celebrations for good, I can imagine how even more deadly the school may turn to be.

Just look at the number of students who are really taking advantage of the activities organized by the school each year – not many.

It is interesting how much difference I have gotten between the reality and the imagination I had before coming to the United States about how a student's life could be at SCSU.

Those cheesy photos and descriptions I find on the school website are matchless to what is really happening here on campus.

Well, the only time that I see students come out for something was during Main-Street every year.

Other than that, we are not really doing well in terms of programming.

You may say Atwood After Dark often receives good turnout; I say we can definitely do better than that.

While we have close to 18,000 students at SCSU, we don't even have a full 10% of these students to participate at any given social or educational events – which I know of – on campus.

Let me reassure some organizers of these student activities: many of us are closet Huskies fans. We are actually excited to be a part of the school, yet do not want to be too expressive about it.

The question is whether or not the way programs planned are really reaching the students.

I have no concrete statistics to support any argument for now.

Maybe the school can conduct a massive survey, to collect students' honest feedback about their real anticipations for campus activities.

In one way or another, the Program Coordinators (across all organizations) should look into the problem of lacking students' interest in the events held.

I know it is not likely to achieve what is occasionally portrayed on the television and movies, the kind of hype and school spirit shown; I have only experienced a similar level of excitement at an Iowa university when I was there for a conference.

Students there were really proud to be who they are – they dressed school colors, they roared, they jumped, they were like Disney characters.

My point is, we can do the same, it is achievable.

As the academic year comes to a rest, why not ask all persons responsible for next year's programming to sit down and brainstorm over this issue?

Cancelling events because students are no longer interested in them is not the best solution to the problem.

We need to give students the school spirit ecstacy.

The opinions expressed on the Commentary and Opinions pages are not necessarily those of the college, university system or student body.

Take this one to court

Megan Junkermeier

OPINIONS EDITOR

After White Castle opened in St. Cloud, which was the highlight of burger-lovers' weeks, I ventured there with Emilie Thiessen, the News Editor, and talked to the managers.

One comment stuck with me. The store manager in St. Cloud said he hoped to be part of opening more than one White Castle in town if this one is successful.

Instantly, I realized how accepted it was to wait for a burger and fries in a line of people that wrapped around the building.

Just the other day, I had to drive around to three different parks with a friend before we found a basketball court that was opened.

There are multiple Burger Kings, McDonalds, a White Castle, two Taco Johns locations and plenty of other fast food joints to choose from.

But, my friend and I could not find a basketball court for 25 minutes.

Fast food is delicious sometimes, and is nice for a break from the regular, boring,

ing, healthy diet.

But, shouldn't there be some concern about the lack of outdoor sporting spaces instead of the implementation of more fast food or burger joints?

The healthier choice is obvious - but that is not the only point. The point is - even if they were both healthy - people are not being given the choice.

Cities are decorated with fast food joints and restaurants to the point where those who want to play sports are hunting down tennis or basketball courts, passing ten or more restaurants in between courts.

I hope someday soon authorities of parks and recreation speak out about making more basketball hoops, another outdoor track, or more tennis courts.

It would be nice to hear someone say they are excited to have three more courts instead of three White Castles.

Until then, prepare extra minutes for hunting for a sporting spot and when ordering equipment ask for a side of tennis balls - they last longer than fries anyway.

Briana Sutherland

COLUMNIST

I was riding in the car with my husband last week, and we were listening to the radio. We tend not to listen to much radio, due to the repetitive nature of the commercials and instead opt for an iPod. But for whatever reason, the radio was on.

As we were cruising down the highway the deejay said, "And now a classic blast from the past!" and on came a song that debuted when I was five years old.

I'm only 22!

Ouch. Are we really getting old?

Think back to the days it was cool to go to the local video store and rent a VHS tape. Go home, pop it into your VCR, fast forward through the previews to get to the movie. After you finished you'd stick it into your VHS rewinder so you could watch another video. "Please Be Kind, Rewind" stickers were plastered onto every tape. You better rewind, or else the video store charged you an extra fee!

How about pogs?

Did you play "for keeps" or not? How many of us spent hours flipping circular chips with a plastic chip, I know I did! What a simple toy, yet they seemed to have disappeared just as fast as they came.

I was a Barbie fanatic as a child. Looking at Barbie now, I wonder just how much her plastic surgery bill would've been to have changed so much. Gone are the days of Barbie permanently standing on her tip-toes, arms always bent at the elbows and only having the ability to bend backwards and forward. Now Barbie would be the perfect Pilates or yoga instructor.

Tamagotchi, Gigapets, and Nano Babies were the coolest electronic toy a kid could have. If mom and dad didn't want us to have a real pet, they got us one on a keychain!

"Hang on, just a second! I have to feed my pet frog!" and two clicks later our frog or other creature would be fed. No fur in the house, no food to buy, and nothing to clean up after.

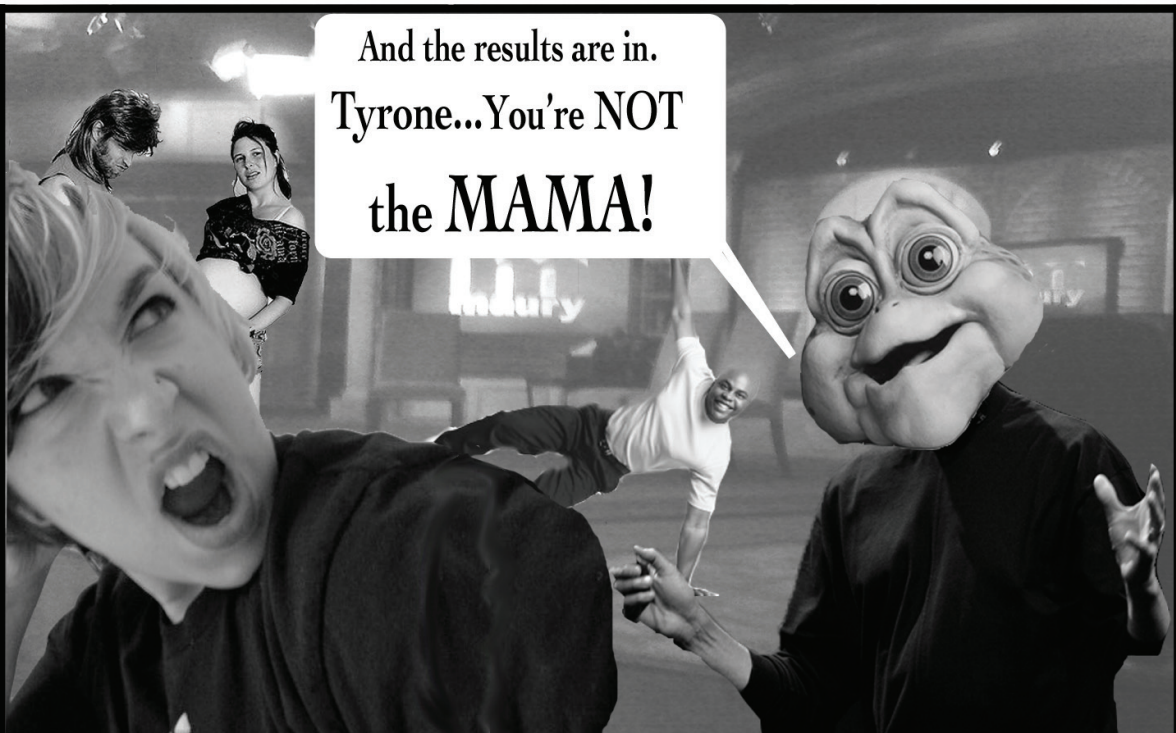
They were like the cell phones of our elementary days, forbidden in school yet everyone had one, used it, and hoped not to get busted by the teacher.

Inevitably we would get caught, as a third grader, we aren't that sneaky, and we'd listen to it die in the "June Box" during class.

Comic Relief

COMIC CREATED BY PATRICK SUGGETT

Cheese Fest '99
By PMS



Baby Sinclair seemed like a good replacement for Maury after he retired. However, he still had trouble leaving his childhood tagline behind.

Letter to the Editor

Dear Editor,

I was at The Onion presentation on Wednesday 6th, it was a really funny event and I really enjoyed it and I am a fan of their papers and the ONN.

One moment that stood out for me was when the guy did the 'Bantu,

click, click joke'. I speak a language with Bantu roots and I want to make it clear that I didn't find the joke offensive it just seemed like

overkill.

It was cool to see how the student body reacted to that joke, there was some nervous laughter and most of the people in the audience did not laugh at it.

I am not trying to initiate a conversation on what is appropriate and what is not, rather I just wanted to say kudos to SCSU students for the way they handled that joke.

Arnold Changamire
SCSU Student

Worth 100 Words

After a long, Minnesota wait of wintry, windy weather, the blizzards have passed, and the spring breeze has arrived, bringing familiar chirps of birds and clear sidewalks.

Now is the time to stretch those legs, begin bike rides to work and school, or take a walk with your friends.

Beautiful weather is a true treat and fresh air cannot be exchanged for anything else.

Take your book outside, and read in the sun. Play tennis at the park. Take advantage of the warmth that was so long forgotten Dec. through Feb.

After all, Minnesotans can appreciate spring and summer best.

Megan Junkermeier, Opinions Editor

Have an Opinion?

MAIL
Letters to the Editor
13 Stewart Hall
St. Cloud State University
St. Cloud, MN 56301

We welcome your responses to topics of current debate or interest. Submissions must include the writer's full name, telephone number and signature, along with either the home address or major and year.

Have you written a letter?

E-MAIL
opinions@universitychronicle.net

We typically don't publish product or performance endorsements, libelous statements or submissions containing factual errors.

Here's how to get published.

WEB
http://www.universitychronicle.net

Questions/comments? Call (320) 308 - 4086



HOW SIMPLE THREAD CAN BECOME THE FABRIC OF A NATION.

CELEBRATING 125 YEARS.



**American
Red Cross**



JUN-KAI TEOH / STAFF PHOTOGRAPHER

Walter Boyd (pictured), Marcus Kulus and Nelson Mitchell of the Kekambas were te winners of the event.

Red Bull showcases drumming talents

Jason Tham

STAFF WRITER

SCSU student Nick Simmons, in collaboration with Red Bull energy drink, opened stage for students to showcase their drumming talents at the “Red Bull TUM TUM PA,” a world-wide university freestyle drumming competition, held Friday on campus.

Five teams made up of three to four students per group competed at Ruth Gant Recital Hall in the Performing Arts Center for a chance to participate in the Red Bull “TUM TUM PA” World Finals in Rio de Janeiro, Brazil.

“It was a very pleasant experience. I thought all the acts brought something unique to the stage and the audience seems to enjoy it,” James Tollefson, music director at KVSC, said.

The participating teams were required to perform two acts – a cover and an original composition.

All of the acts must be performed using non-ordi-

nary instruments, such as pencils, pens, rulers, staplers, etc.

“Free-form drumming is definitely something outside of the usual that is a lot more interesting than having like a karaoke competition on campus... there is a lot more originality,” Tollefson said.

The acts were judged mainly based on creativity and rhythm.

The panel of judges was made up of Emilie Thiessen, James Tollefson, Dana Johnson and Randy Hanson.

“I enjoyed it from the judges’ perspective, and I hope they will do an event like this again in the future because it is nice to have something different,” Tollefson said.

The “KEKAMBAS” emerged first-place at the competition. The group consisted of Marcus Kulus, Walter Boyd and Nelson Mitchell.

“I was super stirred up the second I heard about the event because this is what I do. I am a music major; I tap

all day,” Kulus said.

“I kind of had a beat right away, then I brought it to them [Boyd and Mitchell] and they were super down with it right away,” Kulus said.

“All three of us are music majors, actually. So we just decided to take what we do and just have fun with it,” Mitchell said.

The “KEKAMBAS” said they practiced for two weeks for the cover song and only one rehearsal for the original song, which named them the champion of the night.

“Instrumentation is probably one of the biggest things, look at what instruments we had,” Boyd said.

Boyd also said that coordination between members of the team was important, and that working together was the biggest inspiration for the team.

“We’re going to continue doing this,” Mitchell said.

The competition ended with free Red Bull energy drinks available outside the recital hall to everyone in the audience.

REVIEWS .movie.game.album.book.



PHOTO COURTESY OF POKEMONNEWS.COM

The latest Pokémon game has a bit of new to balance the classic elements of Pokémon.

Black and White will please most Pokémon fans

Hannah Swift

GAME REVIEW

In the late 90s, Pokémon exploded onto the scene. If you were a kid in the 90s, you may remember trading Pokémon cards on the bus, begging your parents for the Red and Blue versions of the game, and watching the TV show religiously every day after school.

The newest editions to the “Pokémon” game series, Black and White, were released on March 6, 2011, for the Nintendo DS.

According to sales numbers released by Nintendo, 1.08 million game units were sold in the U.S. on the first day alone – shattering the franchise’s previous release day sales records.

“Pokémon” Black and White take place in a new region called Unova, featuring 150 new Pokémon to catch and level up.

The game-play has not changed much since the old Red and Blue versions – which is perhaps the worst and best part of the games. Turn-based battles still account for most of the playtime.

If you walk into tall grass, you get attacked by wild Pokémon; if you walk in front of someone, you probably will be challenged by another trainer; if you want to beat the game, you have to battle and win against all eight of the

tough gym leaders.

It is great to feel nostalgic as you play, but it can leave you wishing the game developers did more to make the game-play feel unique.

Just like in previous versions, you start out in your hometown, with your mom wishing you luck as you set off to explore a world where Pokémon and people work together to make Unova a better place.

There are three new starter Pokémon to choose from: Snivy, a smug-looking grass type, Tepig, a pig fire-fighting type, and Oshawott, a cute otter water type.

Like every Pokémon game, the starter Pokémon you choose can affect how hard the first few gym leaders will be. However, there’s a new twist with Black and White – the first gym leader will be the type your starter is weakest against.

So if you choose Snivy, the grass type, the first gym leader will have a fire type Pokémon.

Another interesting addition to Black and White is Pokémon battles that can have up to three Pokémon fighting on each side at the same time. This new form of fighting can be a fun way to develop new battle strategies.

The main differences between Black and White are the legendary poké-

mon, which are featured on the covers of the games, a handful of Pokémon which are exclusive to each version, and an area that becomes the Black City in the Black version and the White Forest in the White version.

The graphics are nothing to write home about compared to other video games, but in the world of Pokémon, Black and White breaks the mold.

Developers tried some fancy new tricks with camera angles; sometimes working to great effect, and other times leaving me wondering where my character went.

The sprites, or images of the Pokémon when they are battling, look much better than in previous versions. Each Pokémon moves around during battles, making battling a little less monotonous.

Overall the new story, graphics, music, and Pokémon are consistent with what people would expect from the franchise. Small improvements have been made with each new version of “Pokémon” that hits shelves, and Black and White are no different.

The basics of the games have remained the same over the years, but Black and White offer some great new additions that Pokémon fans, new and old alike, will enjoy.

‘Sucker Punch’ replaces story line with action shots

Matthew Luczak

MOVIE REVIEW

“Sucker Punch” is writer/director Zach Snyder’s latest film. His highly stylized, slow motion action sequences, and comic book-like feel are brought out in this film; his first film not based on a different medium.

“Sucker Punch” is a story about a young woman named Baby Doll, an orphan who, after accidentally killing her sister, is sent to a mental-treatment center.

This is no normal mental-treatment center however; it also doubles as a strip joint, like all good mental-treatment centers do.

The place is run by an evil man, who makes all the inmates dance for high ranking officials in the city.

After Baby Doll joins the rag-tag team of hot, young females, who happen to be the only type of human that populates this joint, she devises a plan to escape. To do this, she needs five items to escape.

To get these items she dances (yes dances) because she is so good that she can put any male into a deep trance.

She herself then enters a world where anything is possible -- a place where fighting giant stone samurais, fierce dragons, and of course Nazis are a normal occurrence. This is the most confusing element in the story.

There is no hint at what the “dream world” is, or why there is one in the first place. It’s just like boom, now there’s an alternate reality where Nazi’s are made of dust.

I am a fan of Snyder’s films, especially the excellent job he did adapting “Watchmen,” (go watch it) but there is no concrete storyline here, and it makes it all the more confusing. “Sucker Punch” seems to be a life-long fantasy to



PHOTO COURTESY OF MOVIE-LIST.COM

All themes of women empowerment are put down in “Sucker Punch” because it only reinforces the idea that women have to look like models to kick ass.

Snyder, and it really only appeals and makes sense to him, or at least I hope it does.

If Snyder only at least tried to mention what the dream world is and why Baby Doll must go there every time she dances, it would make this film a lot better.

Beside the storyline, the characters are developed somewhat, but not really enough where the audience really cared whether they lived or died.

This movie can be seen as a women empowerment film, because it’s a bunch of women kicking male ass, but it falls short, because all the women in the film are so hot that it’s more like five Wonder Women shooting random mythological creatures.

All themes of women empowerment are put

down because it only reinforces the idea that women have to be scantily clad, and look like models to kick ass, which is false.

Action is something Snyder does well and it is no exception here. The battles are big and the stylized fighting is something to be amazed at. Too bad the action doesn’t bring this film out of mediocrity.

The film overall though is entertaining, especially since I am of the male persuasion.

Any male will find this movie likeable, but it is more of a let down than anything else. Snyder, after making a brilliant adaptation off of a very difficult story, just decides to include little story and lot of action, which makes the film forgettable and mediocre.

A Day Without Shoes brings in bare feet



MICHAEL RUNYON/ NEW MEDIA EDITOR

A barefoot Jarrod Wiggins addresses a crowd at the Atwood Mall.



MICHAEL RUNYON/ NEW MEDIA EDITOR

Members of the SCSU choir dance barefoot during their performance.



MICHAEL RUNYON/ NEW MEDIA EDITOR

The SCSU choir performs a song for A Day Without Shoes.



MICHAEL RUNYON/ NEW MEDIA EDITOR

Amanda Bardonner hoists a flag as students march across campus to promote awareness for A Day Without Shoes.



MICHAEL RUNYON/ NEW MEDIA EDITOR

The SCSU choir sings their first song in a wide circle in front of Stewart Hall and Atwood for A Day Without Shoes.

Classifieds

MONDAY, APRIL 11, 2011

UNIVERSITY CHRONICLE - PAGE 11

HOUSING

FEMALES AND MALES

Private in 4 Bedroom Apts.
Heat Paid, A/C, Laundry,
Parking Avail. 6/1/11 and
8/1/11 E.P.M 251-6005

4 BDR APT 2 FULL

Baths Heat Incl. DW/AC
Security BLDG 10 or 12
Month Leases 493-9549

2,3+4 BDR APT VARIOUS

Locations Heat Incl. DW/
AC Security 493-9549

NOW RENTING FOR

SUMMER/Fall 2011.
4BDRM & 6/7BDRM.
Call 320-237-7570

CLOSE CLOSER CLOSEST

kenthousing.com or 320-252-5500

HOUSES AND APTS. GREAT

SCSU Locations Heat/Parking
Incl. 251-1925 mpmproperties.net

LIKE NEW APARTMENTS

3+4 Bedrooms, Free
Cable+Internet Plasma TV's 320-
259-9673 www.ivyapartments.com

1, 2 BR- JUNE 1ST

\$485-575. H, W, G, Cable,
Parking. 320-251-7600 x 559

5 BDRM AWESOME HOUSE

www.quadbproperties.com
320-493-2608

3 BLOCKS TO LIBRARY!

2 Bed Apartment! 320-229-
1919 www.stcloudrental.com

3 OR 4 BDR APT. IN HOUSE

Heat and Parking Incl 493-9549

ROOMS FOR RENT!

SCSU Area 215/Month!
Heat, Water, Sewer, Garbage,
Cable Incl! 320-229-1919

\$50 MOVE-IN BONUS. 2-Big

Bedrooms. Neat/Clean. Includes
Utilities. Possible Caretaking.
Off-Street Parking. \$298/ Person.
Near Hallenbeck. 320-679-3852

INDIVIDUAL LEASES

Roommate Matching. Free Park-
ing, & Heat. UVT'S 252-2633

2 BED ROOM APT'S

Includes Parking Ranges
From 330.00 to 360.00 June
Openings Call 320-250-1393

HOMES & APARTMENTS

For Rent www.stcloudhomes.
com Click On St.Cloud Area
Home Rentals Or Call 253-6200

4 BEDROOM HOUSE

2 Bath Free Laundry And
Parking No Pets \$1200.00
Plus Utilities 320-249-1187

HOUSING

UNIVERSITY APTS LARGE

2 Bedrooms Close SCSU,
Heat, Studios, Ones 320-
251-8284, 320-250-8666
www.riversiderealestateprop.com

5 BEDROOM HOUSES JUNE

1ST Quadbproperties.com
320-493-2608

UVT'S 4 BDR. TOWNHOME

Pool, Dishwasher Free Park-
ing/Heat 252-2633

WWW.SCSU4RENT.COM

PRIVATE ROOMS AVAIL.

In APTS. And House. Heat PD,
PKG, Close To SCSU. Avail.
6/1 And 8/1. E.P.M. 251-6005
excelpropmgmt.com

HOUSES HOUSES HOUSES

1-6 Blocks SCSU. Heat/Parking
Incl. Spacious Rooms. Updated
Dan 251-1925 mpmproperties.net

BEACHWOOD 1BR AND 2BR

APTS. 4/1, 5/1, 6/1, 7/1 & 8/1
\$395-500 S.E. Location Heat/
Parking Incl. Dan 251-1925

NOW RENTIN FOR JUNE

2011! Nice 7,8, and 9 Bed-
room Houses Close to SCSU.
Call Ryan at 320-761-0911
www.huskyhouses.com

13TH ST APTS: 1 BLK

North of Hockey Center (5th)
3+4 Bed Starting @ \$225
Parking, Garages, Laundry &
Onsite Caretaker Remodeled
Units Avail. Josh: 651-270-
9316 Dan: 651-361-0803

STCLOUDRENTAL.COM

3 AND 4 BEDROOM

APTS. Heat Paid, A/C,
D/W, PKG. Close To
SCSU. 10 And 12 Monthly
Leases. E.P.M 251-6005
excelpropmgmt.com

ONE, TWO, THREE,

Bedrooms, Decks, Houses, Large,
Close SCSU Call 320-251-8284
www.riversiderealestateprop.com

2 OR 3 BDR ON

Campus 10 or 12 Month
Leases Heat Paid 493-9549

UNIVERSITY PLACE APTS.

3 And 4 Bedroom APTS.
Heat paid, A/C, D/W, parking.
E.P.M 251-6005
excelpropmgmt.com

3,4,5, BEDROOM

Apartment 4 Rent Prime Loca-
tion! Utilities Paid For New Carpet,
New Cabinets, Huge Kitchen, and
Family Rooms! 320-492-123409

CLOSE TO CAMPUS 3+4

Bedrooms 320-259-9673
10 Or 12 Month Leases

FREE RENT FOR CARE

Taker See Our Craigs List AD
Posting ID 266 120 4117

HOUSING

3 OR 4 BDR 1BLK FROM

Campus 2 Full Baths AC, DW
Heat Paid 10 or 12 Month
Leases Security 493-9549

SCSUAPARTMENTS.COM

2 BDR 1/2 BLK FROM

Library AC/DW Heat Incl
10 or 12 Month 493-9549

HOUSES STILL AVAILABLE!

Houses! Houses! Houses!
SCSU Area! 320-229-1919

www.stcloudrental.com

5 BDRM AWESOME HOUSE

www.quadbproperties.com
320-493-2608

5 BDRM AWESOME HOUSE

www.quadbproperties.com
320-493-2608

7 BEDROOM HOUSE FOR

Rent 2 Blocks from State. \$315
Per Room Floors, Windows New
Chris_Chopp@yahoo.com

3+4 BDR APT IN HOUSE

1 BLK From Library D/W
Heat+Parking Incl 10 or 12
Month Lease 493-9549

2 BEDROOMS

University Drive and Lake-
side Apts Close SCSU
www.riversiderealestateprop.
com Call 320-251-8284

AVAIL JUNE/AUG 2011

BDRM&6/7 BDRM Houses
For Rent. Starting At \$300
Per/Person. All Util. Included.
Off Street Parking Freee
Landry. Call 320-237-75703
HARD TO FIND! 3 BED
Apartments. 2 Blocks to SCSU!
Call Today! 320-229-1919
www.stcloudrental.com

SCSUAPARTMENTS.COM

5 BDRM AWESOME HOUSE

www.quadbpropertie.com
320-493-2608

4 BED APARTMENTS!

Starting at \$215/MO. 2 Blocks
From Library! 320-229-1919
www.stcloudrental.com

UVT'S FREE PARKING

Large Bedrooms, Pool, Individual
Leases. Microwave, Dishwasher
252-2633 uvtownhomes.com

BEACHWOOD 1BR. APTS.

6/1/11 \$400-440 Dan/
Nicole 251-1925

COLLEGE VIEW

Apartments Close to
Hockey Center Now Rent-
ing For Fall 320-258-4000
www.granitecityproperties.com

NEW LISTING LARGE

2-BED. APT. Near Hallen-
beck Hall Free Off ST. Park-
ing Laundry 265.00 to 289.00
Call Glen 251-0029 If No
Answer Leaave MSG.

HOUSING

ONE TWO AND 3 BEDROOM

Close SCSU, Also Studios,
Houses, Call 320-251-8284
www.riversiderealestateprop.com

5 BDRM AWESOME HOUSE

www.quadbproperties.com
320-493-2608

WWW.IVYAPARMENTS.COM

5 BEDROOM HOUSE FOR

Rent Free Parking Free Laun-
dry Some Utilities Incl. \$300
Per Room 235 8th AVE South
Contact Greg 320-980-4034

2-7 BEDROOM HOUSES

325.00 Plus Utilities 320-259-9673

HOUSING

2BDR 1/2 BLK FROM

CAMPUS DW/AC Heat Incl.
10 or 12 Month. 493-9549

STATESIDE APTS

Spacious 4 Bedroom Apts.
Heat paid, A/C, D/W,
parking. Close, quiet.
E.P.M 251-6005
excelpropmgmt.com

1,2,3 &4 BDRM APTS

Great Locations Heat/
Parking Incl. 251-1925
mpmproperties.com

OUT OF THE DORMS!

4BR, 2 Bath. Heat, water,
trash, cable. 320-654-8300

ATTENTION

LOOKING FOR

Roommates to Share New 4 BDR
House \$275 Call 320-309-4148

EMPLOYMENT

HIRING-GOLF COURSE

Groups Crew, Clubhouse
Attendant Seasonal Position
251-9619

"I DON'T LIKE WEARING A HELMET
(HUONG LY - NEURO SURGERY PATIENT)
IT RUINS MY HAIR"



EVERY YEAR OVER 11,000 PEOPLE DIE ON OUR ROADS AND 30,000 ARE SERIOUSLY
INJURED. THAT MEANS THOUSANDS OF FAMILIES LEFT PICKING UP THE PIECES.
FAMILIES TORTURED BY THE LOSS OF A LOVED ONE. CRIPPLED BY REDUCED INCOME OR THE
SUDDEN NEED TO CARE FOR A RELATIVE WITH PERMANENT BRAIN DAMAGE.
THE SAD TRUTH IS THAT 40% OF THESE CASES COULD HAVE BEEN PREVENTED BY SIMPLY
WEARING A HELMET. WHEN YOU THINK ABOUT IT, THERE ARE NO EXCUSES.

SPONSORED BY 

WEAR A HELMET. NOT JUST FOR YOUR OWN SAFETY

Check us out at
WWW.JEFFSTATTOO.COM

Jeff's
TATTOO
TOTAL BODY PIERCING



ARTISTS: JUDY, ERIK & JUSTIN • MASTER PIERCER: JEFF
STERILE • PROFESSIONAL • PRIVATE

Health Dept. Licensed - Hours: Noon-8pm Mon-Sat
"Come to the name people have trusted for years"
724 33rd Ave N St. Cloud
320-654-1520
Toll Free: 877-464-1110

Tired of overpriced Tattoos & Piercings?
Come see The Professionals!
Oldest running studio in central MN

\$5 OFF ALL PIERCINGS!!

Check us out at
WWW.JEFFSTATTOO.COM

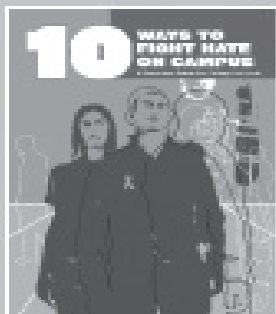
EVERY DAY

At least one hate crime occurs on a college campus.

EVERY MINUTE

A college student somewhere is exposed to bigotry.

WILL YOU BE READY WHEN HATE STRIKES YOUR CAMPUS?



10 WAYS TO FIGHT HATE ON CAMPUS

Get a free copy and more information at
www.tolerance.org/campus

REMEMBER ...
APATHY IS AS DANGEROUS AS HATE

FREE



TOLERANCE.ORG
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER

Soccer rivalries bring fans to sport

Ahmed Warraich
STAFF WRITER

Sports are filled with rivalries; some have been around for as long as there have been disagreements about the greatest players, the greatest teams or the greatest cities.

While other are based on disagreements on political issues and economic differences.

There are some rivalries that are iconic within sports and have ventured to take a life of their own. Many people forget why these rivalries came to be as some of them have been around for a very long time.

There are people that would think of Vikings vs. Packers or Red Sox vs. Yan-

kees, but I would tell you to look at the world of international soccer.

Soccer remains one of the most widely played game in the world. The games' following leaves little for comparison. Like any other sports there are a lot of rivalries in the world of soccer.

In my opinion the biggest one has to be Barcelona vs Real Madrid. In the Spanish La Liga this is by far one of the biggest games of the year. The rivalry is called El Clasico and it can trace its origins before World War 2.

Barcelona is the capital of the Catalan region in Spain. During the dictatorship of Francisco Franco, Barcelona was frowned upon by the establishment as something that

degraded national unity. The dictator went so far as to have the president of Barcelona killed for his political views.

During the same time Real Madrid received support from the government and therefore was regarded by many in Barcelona as a club controlled by the dictator, and its puppet.

Ever since then many people have commented that watching Barcelona and Real Madrid is basically the re-enactment of the Spanish Civil War. Since both of its supporters differ wildly in their political and cultural views.

The rivalry has been very bitter to say the least.

In one instance when Luis Figo, a soccer player, left Barcelona for Real Madrid, they threw a decapitated pigs head

on the field to welcome him back to Barcelona. Suffice to say that people on one side of the fence loathe the other.

The next rivalry that is little known outside of South America is the rivalry between the two Argentinean clubs Boca Juniors and River plate.

This is one of the most heated soccer rivalries of all times with spectators openly clashing and getting into fights after the game. They often get into fights with police after their games.

The supporters take their football very seriously with majority of them singing and chanting throughout the game. There are vibrations in the entire stadium from the simultaneous jumping of people in the crowd.

The games themselves are known as Superclasico and the first official game was recorded in 1913. The rivalry also has a lot of effect on the players where when they transfer over from one club to the other. Many players have refused to play for the other club stating that they would stay loyal to their fans.

There are many more soccer rivalries such as Liverpool vs. Manchester United, or AC Milan vs. Inter Milan.

In all sports there are some sort of rivalry, there is the very famous rivalry between Russia and America at the height of the cold war. They all help gain notoriety for their respective teams, and through that help them gain not only recognition but also attract

supporters.

If some of you are looking to start watching soccer, I would tell anyone to take one of these rivalries to heart and start watching. There is a lot of history behind them some of them are because of political disagreement.

Other disagreements stem more from the fact that the clubs flat out don't like one another. In recent times there is some realization that these clubs have prospered because these rivalries and there is more mutual respect for one another. However they don't seem like they are going to die down anytime soon.

The March Madness final review 2011

Derek Hermann
CONTRIBUTING WRITER

Just over three weeks ago, Butler beat Old Dominion on a Matt Howard buzzer-beating layup to win a thrilling game.

The Butler Old Dominion contest was the second game of the tournament, and was the beginning of the craziness that ended with a legendary win streak by the Connecticut Huskies to win the National Championship.

In these past three weeks, college basketball fans have witnessed some great moments and changes, and of course along with those moments go some terribly unforgettable moments as well. Thumbs Down

Play-In Games.

They seemed ridiculous, when it used to be two teams playing to receive a 16 seed and the right to go get beat up by a one seed.

It's clear that very few people outside of fans of those teams watched the play-in games so the NCAA and their money hungry selves just had

to add play-in games for more favorable seeds.

For some reason, they say adding teams was supposed to quiet the outrage of teams left out of the tournament, yet it seemed this year was worse than ever. Why can't we just go back to 64 teams? If it's not broke, stop fixing it already!

Early Tournament Decisions.

Whether it was Syracuse's Scoop Jardine not going to the backcourt for an inbound pass, the referee admitting the wrong call that crippled Syracuse, Washington's Venoy Overton launching a premature half-court shot at the end of the game, or North Carolina's John Henson touching that shot before it went out of bounds to give Washington one last breath, there was no shortage of head scratching moments in the first few rounds.

Not to mention Texas' five second call that essentially lost them their second round game against Arizona, and the baffling, foul laden finish of the Pittsburgh and Butler second round matchup.

The Championship Game.

For many fans, all that has to be said is Butler. Sure, they were horrendous, but did Connecticut look way more deserving of a title than Butler?

This year's final four were the definition of March Madness.

Connecticut, Kentucky, Butler, and Virginia Commonwealth were spoiling brackets everywhere.

No number one or number two seeds making the Final Four, this year was the definition of the madness that has been coined in this tournament.

It's the only post-season tournament in sports where the 30th ranked team can play the 44th ranked team for a chance to get to the championship game and is why March is so special.

Anyone who wasn't already sick before watching this game sure had to be after watching this display. Not to take anything away from either team's amazing run, but seriously, yuck!Thumbs Up

The Final Four.

Sure, the championship game could have been better, and there could have been some better play in the national semifinal games, but were they still not entertaining?

None of the games could be considered blowouts at least.

The national semifinal games weren't decided until the last minutes of the game.

This year's final four were the definition of March Madness.

Connecticut, Kentucky, Butler, and Virginia Commonwealth were spoiling brackets everywhere.

No number one or number two seeds making the Final Four, this year was the definition of the madness that has been coined in this tournament.

It's the only post-season tournament in sports where the 30th ranked team can play the 44th ranked team for a chance to get to the championship game and is why March is so special.

Connecticut, Butler, and Virginia Commonwealth.

Connecticut was just a middle of the pack team in the Big East four or five weeks ago.

Out of nowhere, they ripped off five wins in five days in the roughest conference in college basketball to win the conference tournament, and they followed it up by winning six games to win the NCAA National Championship.

Nobody saw Butler running up to another championship game.

Doing it as a five seed has some differences than doing it as an eight seed.

Losing star Gordon Hayward combined with midseason losses to Wisconsin-Milwaukee, Wright State, Valparaiso, and Youngstown State, this year's team was nothing like last year's.

Finally, there is Virginia Commonwealth, who ordered burgers and watched Cartoon Network instead of the selection show because they were so

certain they weren't going to make the tournament.

All over ESPN there were analysts ridiculing the selection committee for letting them into the tournament.

What happened? They won five games over teams from five major conferences to make the Final Four.

The New Television Package.

This was the best possible change to the tournament that the NCAA could've done. Giving the fan the option of which game they want to watch, should've been changed years ago before it was up to Greg Gumbel, giving live look-ins of other games or jumping fans around from arena to arena when the feature game is a 70 to 30 dog fight with 18 minutes to go in the game. Offering games on CBS, TBS, TNT, and truTV, so fans can go back and forth at will, is the best change that has been made to the tournament since it expanded to 64 teams.

©2006 Environmental Defense

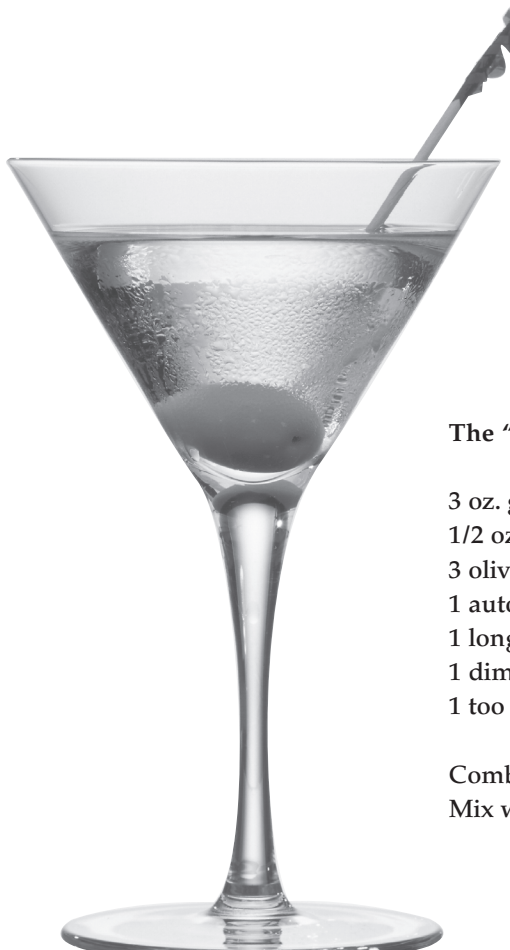
cross fingers

fightglobalwarming.com

ROBERTSON FOUNDATION

Ad Council

ENVIRONMENTAL DEFENSE
finding the ways that work



The “I’ll Just Have One More” Martini

3 oz. gin or vodka
1/2 oz. dry vermouth
3 olives
1 automobile
1 long day
1 diminishing attention span
1 too many

Combine ingredients. Drink. Repeat.
Mix with sharp turn, telephone pole.

Never underestimate ‘just a few.’
Buzzed driving is drunk driving.

Ad Council.org

U.S. Department of Transportation

SCSU Sports Schedule

April 10, 2011
Baseball vs. Winona State
12:00 pm

April 10, 2011
Women's Tennis vs. Augustana College
10:00 am

April 10, 2011
Men's Tennis vs. Augustana College
1:00 pm

April 12, 2011
Baseball vs. Bemidji State
1:30 pm

April 13, 2011
Softball vs. Upper Iowa SF
2:00 pm

April 16, 2011
Baseball vs. Wayne State College
1:00 pm

April 17, 2011
Baseball vs. Wayne State College
12:00 pm

Softball

Continued from Page 16

The Marauders scored six times in the bottom of the third, taking the lead for the rest of the game.

The Huskies made three more hits in the game, but were not able to score. The ending score was 9-2 with a win for the Marauders.

The second game for the Huskies on Friday was eventful, with 11 runs and 15 hits.

The top of the first inning ended with seven runs and seven hits for the Huskies, bringing the team to a large lead over the Marauders.

Mary stayed close behind the Huskies, scoring five runs in the bottom of the first.

The Huskies stayed on their game, however, scoring two more runs in the second inning with a single by Maggie Dunsmore, and a homerun by Emily Edgerton, with the score now being 9-5.

The game continued into the bottom of the second, with Mary scoring two runs with a home run and a single.

No hits or runs came out of the third inning for either team as they advanced to the fourth inning.

In this inning, the Marauders scored a hit and a run.

The Huskies did not score, but had one hit, and left three players on bases at the end of the inning.

The Huskies scored in the fifth inning, and once again in the eighth.

The Marauders scored

scored twice in the sixth and eighth.

The score at the end of the eighth was 12-11, with a last second win for the Marauders.

The Huskies traveled to Aberdeen, South Dakota to play Northern State University on Saturday, ending the day with a win and a loss.

The first game ended with a loss for the Huskies of 12-4.

SCSU had 10 hits during the game and nine different players batting, seven of those getting the ten hits.

SCSU did not score in the first game until the third inning. Ally Koski scored off of a single.

After, Chris Saiz hit a homerun with Jordyn Hubin on third.

The rest of the game went quickly, with Northern State taking six runs in the third inning.

The Huskies did not score again until the fifth inning. By then, Northern State was up by seven.

The final point was scored for Northern in the last inning with a double to left center.

The score at the end of the game was 12-4.

The second game went better for the Huskies with four runs and 13 hits.

Northern scored once and hit six times throughout the game.

SCSU scored their runs in the first inning of the game.



BIGYA PRADHAN/STAFF PHOTOGRAPHER

Chris Sais a Junior from California throws a ptich durring the game Wednesday against Con-

Olson doubled to centerfield and then stole third.

Dooley singled then stole second, after this, Hogan doubled to right field.

Olson and Dooley both scored during this time. Hubin hit a homerun, causing both Hogan and Hubin to score.

Northern scored the one run in the first inning as well, leaving the rest of the game to go rather quickly.

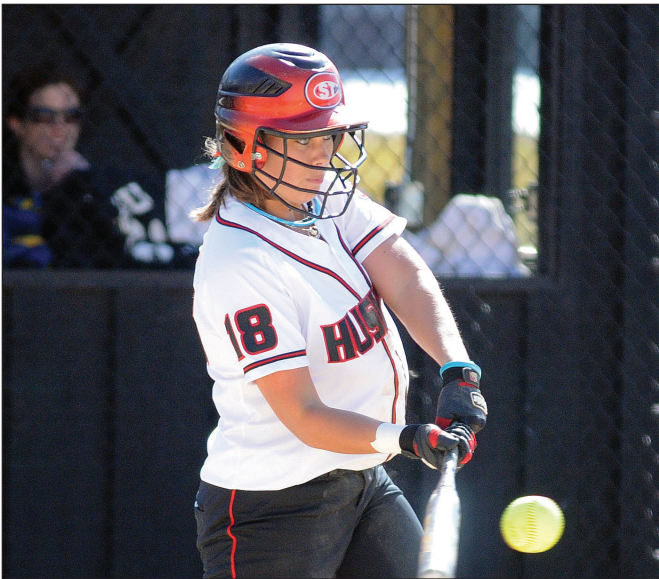
For the rest of the game, the Huskies had at least one hit every inning.

Northern often struck out on the first three batters.

It was not until the seventh inning that they hit twice, leaving two batters on base.

The Huskies will return to Selke Field on Tuesday, April 12, for a postponed game against Winona.

Wednesday, the Huskies will play once again at Selke Field against Upper Iowa



BIGYA PRADHAN/STAFF PHOTOGRAPHER

Kelly Olson hitting the ball against Concordia.

University. They will be on the road April 16 and 17 to play against Augustana College and Wayne State.

Butts, guts

Continued from Page 16

ball. The body bar came into effect here as well, as the class lifted while keeping their butts lifted.

In place lunges came next, as the body bar was used to keep the bodies in place going

down and up. This particular work out was hard coming after the butt lifts.

By 5:35 p.m. I was tired and wearing out quickly as the instructor and many of the others taking the class

carried on.

The class finished up with leg work with the band.

With everyone in table top position, the band was put around the foot and brought up with the other end in the hand on the same side.

The leg first came up along side of the body, working the hips, then came back to stretch behind the body and then was lifted up above the body, still in table top position.

This was done on both legs, and by the end I had barely enough strength to finish the last set.

The class quickly ended and everyone cleaned up their equipment, putting it away in the middle room between studios.

The end result for me was a few days of soreness in the biceps femoris.

If there is not a lot of muscle in the posterior thigh area, this would be a good

class to take. Also, if shaping up the glutes is what is what you want, this would also be a good class.

It is upbeat and moves fast. It is very different from pilates or yoga, or slower classes like that.

If a person is looking for more leg work, or an upbeat workout, this may also be the class for that person.



Lead. Inspire. Change the World. Again.

“ Growing up in poverty made me more determined to be productive and help others. So, I worked as a neighborhood coordinator helping kids go to the next level. Today, I'm still mentoring young people, encouraging them to do something positive in their community. Now, that's inspiring! ”

We inspired before. We continue to inspire today. Join thousands like me who are still asking what they can do for their country and community. Discover which opportunity is right for you.

Visit www.getinvolved.gov or call 1-800-424-8867 (TTY: 1-800-833-3722)

Corporation for
NATIONAL & COMMUNITY SERVICE ★★ ★

Baseball

Continued from Page 16

The third inning included Winona state scoring a run. Husky players Patrick Imholte singled, and Hansen doubled, but was out by First Baseman of the Warriors.

The Huskies did not score a run until the [next?] inning. After two outs by Hansen and Cariveau, Smith hit a

homerun. The game ended when Hansen hit a fly ball out to right field. It was caught by Winona's right field man. The final score was 9-1 with the biggest loss of the weekend for the Huskies.

Saturday's games against Winona went by fast. The final score for both was 2-0.

The difference being that SCSU won one, and lost one.

The first game began with a hit for Winona and SCSU. Both ended the inning with a player on base. The second inning was much like the first, with one hit for Winona and a player left on base. The Huskies has two hits and also had a player left on base.

Top of the third, Winona's first three batters struck out. The Huskies scored twice when Hansen singled, and Smith hit a homerun.

No more runs were made for the rest of the game, as each team hit a few more times before the end of the seventh inning. The score at the end was 2-0, with the first win of the season for the Huskies at home.

The final game of the weekend began much like the first game on Saturday. There were no runs until the top of the third inning. Winona scored twice with two hits.

The Huskies had two hits in the third inning as well, but

the two players were left on base.

For the remainder of the game, only a few more players hit the ball.

The final game of the weekend ended at the bottom of the ninth with Kent Koch out at second, and Hansen out from a ground ball to short stop.

The Huskies will be home this week, playing against Bemidji on Tuesday. Friday and Saturday, they will take on Wayne State at home.



MLB sports schedule

Monday, April 11
Rays vs. Red Sox
7:10pm

Tuesday, April 12
Royals vs. Twins
8:10pm

Wednesday, April 13
Royals vs. Twins
1:10pm

Wednesday, April 13
Orioles vs. Yankees
7:05pm

Thursday, April 14
Twins vs. Rays
6:40pm

Thursday, April 14
Phillies vs Nationals
7:05pm

Friday, April 15
Twins vs. Rays
7:10pm

Friday, April 15
Cubs vs. Rockies
8:40pm



MARK PHODES/STAFF PHOTOGRAPHER

The desert in Garvey Commons is notorious for being delicious, especially the cookies. Though Garvey is supplying these foods, it is up to the student to say no to it and have some self control.

enough students to keep this a hot nutrition topic.

Although you can attribute this weight gain to many factors at the microscopic level such as alcohol, stress, cafeteria faire, and decreased activity, you can basically sum it up as a reflection of choices.

A typical student is coming from a more controlled environment living at home and eating around a relatively regular scheduled time in high-school to one of complete freedom.

Are your parents at home eating grilled chicken and salad for dinner tonight? It doesn't matter, you can have french fries, enchiladas and soft serve for dinner if you choose. Combine this freedom with altered and stressful lifestyle changes and it really isn't difficult to see how a new student can accumulate a few extra pounds in the first semester.

What I really encourage

people to think about is the long term effects of this initial weight gain. I'm sure most will agree that it is much easier to put the weight on than it is to take it back off. In an age of diet pills and plans that can be as short as a single weekend people don't like to hear that you should expect to take as much time to lose the weight as you did to put it on. This process can be accelerated with exercise and a good plan but at a cost of great will power and decisive lifestyle changes.

An additional factor that makes slight weight gain more difficult to handle is that you only may have a little to lose. For example someone who is 150 pounds overweight could drop 10 pounds in a week or two while it may take a lot more effort to lose that 10 if you are only 15 pounds overweight.

Despite this simple truth we as a population always

look for a quick fix to lose a few pounds. If you need an example of this point drop by the fitness center (or any gym out in town) a week or two before spring break. Suddenly you have to wait in line for any piece of equipment and attendance is likely rivaled only by the first few weeks after New Year's resolutions are made.

So what can be done? Your best bet is to try and stay at a healthy weight year round. Staying at a healthy weight is easy in principle; the difficult part is the will power. It all really comes down to the simple decisions you make every day.

Then maybe skip the fries. Stay active, you don't have to become a marathon runner, just find some activity that you enjoy enough to do with some regularity. Above all remember that it comes down to the choices we make daily, weekly, and over the year that result in our health status.

Health note

Continued from Page 16

avoid it? Several factors are involved. The most influential factors include: activity level, food choice, food choice, alcohol consumption, stress, and amount of sleep. Changes in any of the previously mentioned factors from high school to the freshman year of college can lead to the phenomenon known as the "freshman 15."

Activity Level: High school sports and gym class used to keep students active. Now any exercise they partake in is up to them. Because sports used to involve practice or games five nights a week, there's often a drop-off in physical activity levels once they come to college. This decrease in activity levels can lead to excess weight gain.

Food choice: When living at home, meals used to be prepared by parents and were often served at regular time. Once in college, students are now in-charge of food selection, quantity, and meal times. With an abundance of attractive, unhealthy foods available served in an all-you-can-eat buffet style setting, it's easy for freshman to begin consuming excess calories, which in-turn can lead to excess weight gain.

Alcohol consumption: Chances are that alcohol consumption during high school years was limited, if not completely avoided. But now at college, immense pressures from peers and the desire to fit in may cause some freshmen to start drinking.

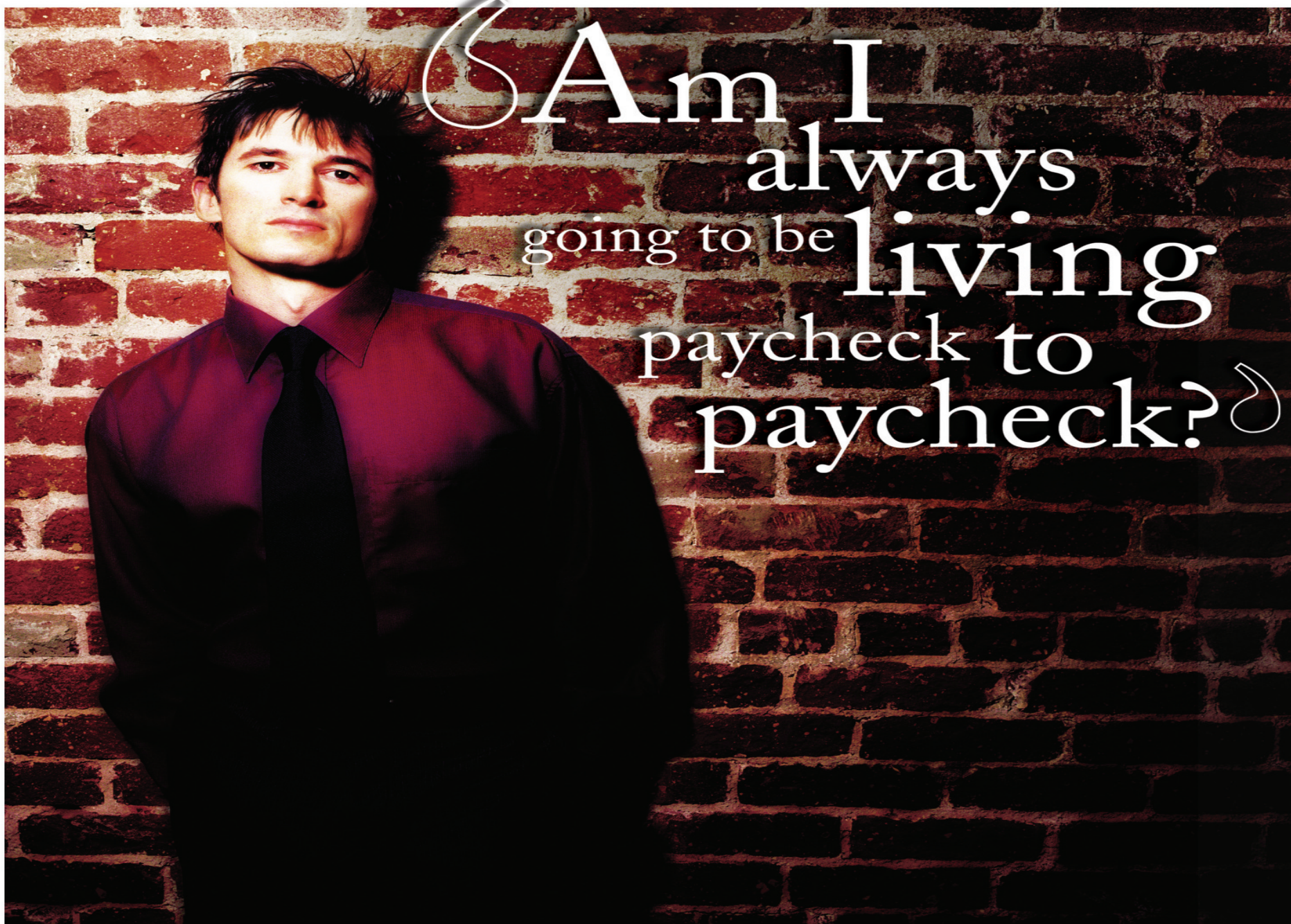
Because a single can of beer can have over 100 calories in it, consumption of alcoholic beverages can add excess calories that can lead to weight gain.

Stress: When students first start college, they find themselves in an environment that involves a ton of new-found freedoms; but with new-found freedoms comes new responsibilities. As a freshman you have to deal with roommates, tougher classes, financial responsibilities, jobs, etc. All of these responsibilities can contribute large amounts of stress, which in turn can decrease energy levels and increase appetite. Unmanaged stress can lead to excess weight gain, among other problems.

Sleep: Lack of curfews, new distractions, and added responsibilities of being a college student can lead to freshman not allotting enough time for sleep. Lack of sleep can lead to decreased energy levels, and in-turn can lead to excess weight gain.

It's important to remember that the "freshman 15" is definitely avoidable, as well as reversible should any weight gain occur.

Dennis Madden: As a registered dietitian working on a college campus, I hear the topic of the "freshmen 15" come up often. It doesn't take an expert to deny that it is only a myth, and while every incoming student does not automatically gain weight, it certainly affects



We have some solutions that might be easier than you think. We're the National Endowment for Financial Education, a nonprofit foundation with nothing to sell and a lot to tell. For over 30 years, we've helped people just like you get smart about their money. Come to us for sound advice and practical information on how to start achieving all your financial goals. For everything from getting out of debt to managing your money wisely to saving for the future - we're here to help.
www.smartaboutmoney.org

It's time to get smart about your money.

Not if
we can help
it.



NATIONAL ENDOWMENT FOR FINANCIAL EDUCATION



Secondhand smoke contains at least 250 known toxic chemicals.

SCSU TOBACCO awareness

health VISION

Sat., April 16th **Don't Miss It!**

ELECTRIC FETUS 2011

STC • RECORD STORE DAY •

Exclusive Releases • Goodie Bags and Prizes

SPECIAL IN-STORE SIGNING SESSION WITH
ATMOSPHERE
AT NOON ON APRIL 16TH!

ERBERT AND GERBERT'S FREE FOOD! 4-5:30PM WHILE SUPPLIES LAST

THE ELECTRIC fetus More Record Store Day info at www.efetus.com.
28 S. 5th Ave., 251-2569 Hours: 9-9 M-F, 9-8 Sat, 11-6 Sun

we are running out of time

act now before it's too late



Copyright 2009 Ferdi Rizkiyanto

Softball has tough week

Melanie Ovel

SPORTS & FITNESS EDITOR

The SCSU softball team split their first home game against Concordia-St. Paul. The game was played at Selke Field on Wednesday. The two games ended with scores of 4-3, with SCSU winning the first and 4-1 with Concordia winning the second.

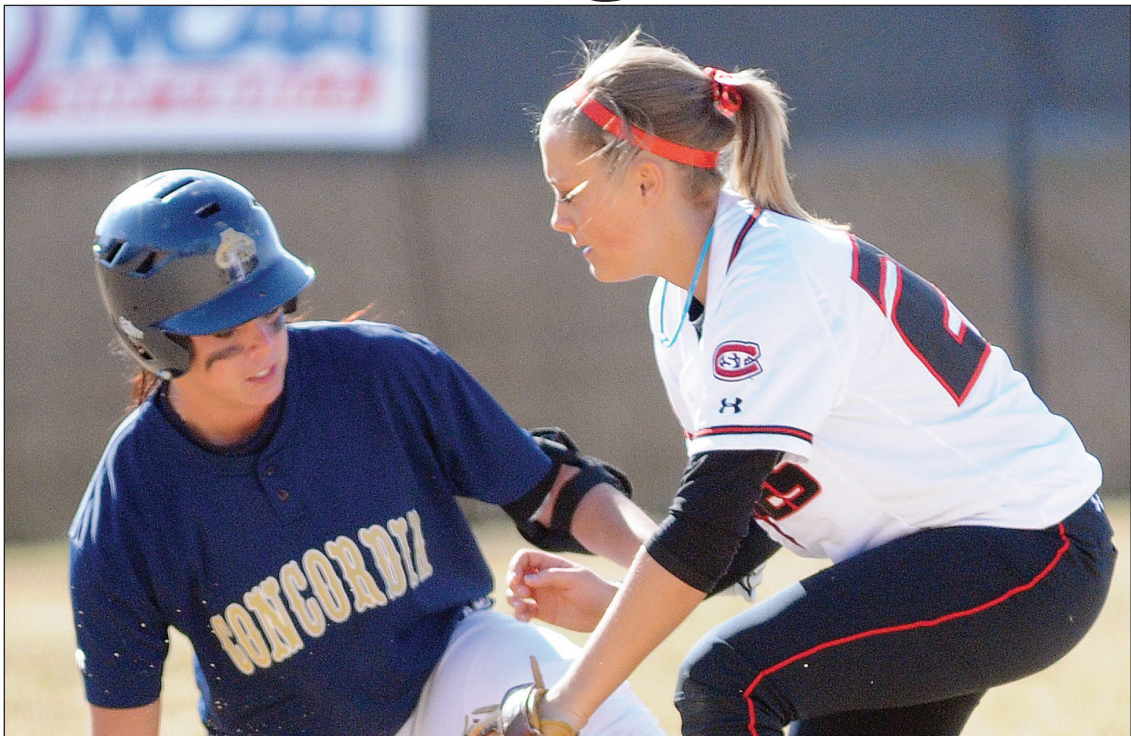
The Huskies lost both games against University of Mary, and split the weekend against Northern State University. The team (14-11) played University of Mary (16-12) Friday, in Bismarck, North Dakota, falling to the Marauders in 9-2, 12-11 games.

The first game against Concordia ended with a 4-3 score. The Huskies had four runs and eight hits. Concordia finished the game with three runs and five hits.

The first two innings proved fast as neither team got any runs or hits. In the third inning, Concordia scored one run, had one hit and one error. The Huskies had two hits and no runs for the third inning.

SCSU did not score a run until the fifth inning, when Jordyn Hubin hit a homerun. Concordia was much the same way, scoring once in the third inning, again in the sixth inning and a final time in the seventh inning. The Huskies brought the game home in the seventh inning, scoring three runs with two hits.

The second game started slow, with both teams striking out quickly. Concordia had one hit in both the first inning then the second. SCSU did not score until the fourth inning. Dooley singled, then took second on a



BIGYA PRADHAN/STAFF PHOTOGRAPHER

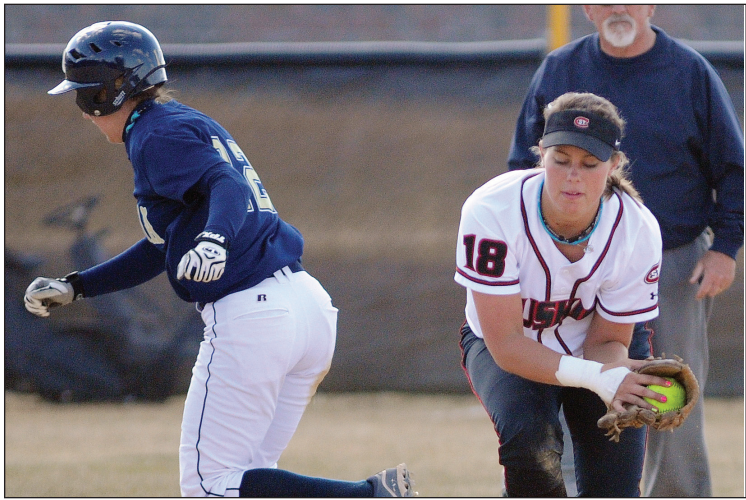
Freshman Casey Hiers tags Concordia player at Second base on Wednesday at Selke Field.

pitching error. She advanced to third after Koski doubled to right center, then scored after that.

Concordia scored three times in the fifth inning, for the rest of the game neither team scored. The final at the end of the seventh inning revealed a score of 4-1.

The first game on Friday began with Mary scoring a run at the bottom of the first. Jenna Button doubled, advancing a base after team mate Jessica Alvarado was out on a ground. Button scored when once again a team mate was out on a ground ball.

SCSU did not have a run until the third inning when Casey Heirs singled. Directly after this, Kelly Olson doubled, advancing Heirs to third base.



BIGYA PRADHAN/STAFF PHOTOGRAPHER

Sophomore Kelly Olson tags Concordia player .

Mikayla Hogan walked, allowing Heirs to score. Olson scored later in the inning, bringing in the second run and the lead for

the Huskies.

•See Softball / Page 13

Too much butt not enough gut

Melanie Ovel

SPORTS & FITNESS EDITOR

Arguably the most popular of the group fitness classes, “Butts and Guts” was a strange disappointment. The class, as per the name, is dedicated to shaping up one’s gluteus - “butt” and one’s abdominals - or “gut.”

The Thursday evening class, taught by Claire, was a letdown for me. It worked out too much of the legs, and not enough of the abdominals.

True to form, the class started with fast paced stretches, in what reminded me of an eighties aerobics VHS. Being more along the lines of a Pilates and Yoga type of person, the fast pace confused me for a while, as the instructor swiftly moved from position to position with little warning.

The class was still a good work out, however. It involved a good amount of props, including a large ball, mat, band, a body bar, and a bosu ball. All of these are incorporated into every exercise done in the 50

minutes of class.

This particular class started at 5:00 p.m. on the dot, and from that moment until 5:50 p.m. Claire worked the class to exhaustion. Starting with warm ups on the bosu ball and moving around, doing the grape vine, and other moving warm ups that resembled this, and ending with leg work with the band.

The abdominals were worked in the middle of the class, using the large ball to do work out the oblique’s, going down sideways and coming

up in sets of two, then four.

Backwards crunches and planks were done next. These were all done with legs stretched out to the wall and the body balancing between the legs and the ball on the hips. This lasted five, arguably eight minutes, and was not enough in my opinion.

The rest of the time was spent working the butt with the bosu ball, lifting the middle, while keeping the shoulders on the ground and legs on the bosu

•See Butts, gutts / Page 13

A weekly health note: Freshman 15

Patrick Somsen

CONTRIBUTING WRITER

Denise Madden

CONTRIBUTING WRITER

One worry that most students have when starting college is the freshman fifteen. Is it real? Will it happen? Is it unavoidable? Patrick Somsen, a certified personal trainer and Dennis Madden a certified dietitian are here to inform all students about the truths of nutrition and solve the fitness myths incorporated into everyday society.

Patrick Somsen:

The “freshman 15.” If you



MARK RHODES/ STAFF PHOTOGRAPHER

A Burger and fried from Garvey Commons is not the healthiest way to keep off the Freshman fifteen.

haven’t heard of it, then chances are you’re not a college student, and you probably haven’t ever been one. It’s okay, you haven’t missed out on anything. But

if you are a college student, chances are you’re incredibly familiar with the concept, and you may have even had some concerns about it happening to

you. The “freshmen 15” stands for the expected weight gain that incoming freshmen experience over the course of their first year of college. The term itself has undoubtedly become common knowledge at campuses across the entire nation. While we know that the “freshman 15” is just a myth, and that not all college students are destined to gain weight over the course of their college career; we do know that it becomes a reality for some.

So why do some college students experience the weight gain, while others are able to

•See Health / Page 14

Baseball splits weekend to Winona Warriors

Melanie Ovel

SPORTS & FITNESS EDITOR

The SCSU baseball team lost on Friday and split the doubleheader on Saturday against Winona State.

The two doubleheaders were the first home games of the season for the Huskies.

Friday’s games ended with a score of 8-2 and 9-1. Saturday’s games started with a win for SCSU with a score of 2-0. The day ended with a 2-0 loss.

The first game on Friday began with a run for the Warriors and two hits and two runs for the Huskies.

Brian Hansen singled up left field. After that, Travis Cariveau hit a homerun, allowing both to score.

Top of the second, Winona scored a run and had two hits. This put the score at 2-2.

The third inning brought two runs and two hits for the Warriors, while the Huskies struck out quickly.

The rest of the game passed

quickly for the Huskies, as they had no more runs and only two more hits for the rest of the game.

The Warriors scored once in the fifth inning and twice in the sixth inning.

They took it home by scoring two more runs in the seventh inning of the game. The final score was 8-2, with a win for the Warriors.

The second game on Friday began with Winona scoring two runs right away in the first inning.

The Huskies took the plate for the first inning and left with only one hit, by Jordan Smith who singled and advanced to second when Benke was hit by the pitch.

The second inning proved less eventful for the Huskies as the first three batters were struck out.

The Warriors had three runs and two hits in this inning, moving the score up to 5-0.

•See Baseball / Page 14



COURTESY OF SPORTSOVERDOSE.COM

Denard Span is not a small name on the Twin’s roster but he has only been playing with the Twins since 2010.

Denard Span, smart addition

Nick Longworth

STAFF WRITER

Once considered an after-thought in the Twins farm system, over the year Keiunta Denard Span watched his role fall from heir-apparent to Torrii Hunter in center field, to open competition in the spring of 2009.

Born on February 22, 1984 in Tampa, Florida, Span’s journey to the Twins’ everyday starting lineup has been a unique one.

Originally offered a pre-draft deal by the Colorado Rockies for \$2 million, he decided to decline the offer and take his chances in the 2002 MLB draft instead. In doing so though, he not only slid further than he’d imagined – being selected with 20th overall pick by the Twins - he also cost himself nearly \$800,000 in lost salary.

But, it became immediately clear that within the Twins organization he was highly regarded as a top prospect. The Twins envisioned him being groomed as Torrii Hunter’s eventual replacement. The plan worked better than they could have ever imagined; Hunter not only helping Span learn the game and develop his skills, but the two also becoming lifelong friends.

Span started his professional career in 2003 at Elizabethtown, the Twins rookie affiliate. In 2004, he was promoted to the Twins Gulf Coast league, but only appeared in five games that year for the Midwest League. In 2005, Span made drastic steps through the Twins farm system that would secure his title as a key prospect.

After starting the season in the Twins advanced “A” affiliate the Fort Myers Miracle, he was called up by the New Britain Rock Cats, the Twins double-A affiliate. He spent the remainder of the 2006 season as a Rock Cat and in 2007 was yet again promoted to the Twins triple-A affiliate Rochester Red Wings.

The next step was the Major Leagues.

However, somewhere along the ascension through the minor leagues, the hype on Span as a potential star had begun to dwindle. Some within the organization felt that he had already hit his “ceiling” and would never reach the “all-star” potential he was once thought to have.

With Johan Santana on the way out with an expiring contract - and faith in Span as Hunter’s eventual replacement on the decline - the Twins brought in Carlos Gomez through a trade with the New York Mets (for Johan Santana), to promote competition in centerfield.

2008 began as an open competition for Span’s job and although his play was steady, he eventually lost the opening day starting job to Gomez. Many would argue, though, that this was mostly due because of pressure on the organization (in the wake of trading away its best pitcher ever), and not a statement about Span’s play.

Span finished the year batting .294 with 6 homeruns and 47 RBI in 93 games. But due to the emergence of both Delmon Young and Carlos Gomez, 2009 began with Span finding himself in a utility role throughout the outfield. He was bounced between left and centerfield most of the year and although never securing a starting role, he improved his game statistically with a .311 batting average with 8 homeruns, 68 RBI’s and 23 stolen bases in 145 games.

After the season, it became clear that Ron Gardenhire favored the consistent Span over the erratic (and sometimes baffling) Carlos Gomez. (Needing help in the middle infield, Gomez was traded to the Milwaukee Brewers for shortstop J.J. Hardy; the job was now Span’s to lose.

The 2010 season began with the Twins organization reaffirming the faith in Span they had seen all along, and on March 13 Span signed a five-year deal worth \$16.5 million that included a \$9 million team option for the 2015 season. The hard work had finally paid off. The Twins start the 2011 season with Denard Span in centerfield and aim to have it that way all season.

Also servicing as their leadoff hitter, he will be counted not only to lead the team by tracking down fly balls, but also by taking quality at-bats to get the Twins on a roll offensively.